

ABCD Study: UW-Milwaukee

Thank you for your participation in the ABCD Study! Here is some information that we give to everyone in our research studies. If you or someone you know is having a problem with alcohol, drugs, or emotional concerns, help is available!

CRISIS HELPLINES:

Crisis Text Line, 24/7:

Text "HOME" to **741741** (USA)

Suicide and Crisis Lifeline:

Text or Call **988**

National Suicide Prevention Lifeline:

Call 1-800-273-TALK (8255)

National Eating Disorder Association:

Text or Call 1-800-931-2237

Milwaukee Youth Crisis Line, 24/7:

(414) 257-7621

MAKE THE RIGHT CALL

9-1-1 for emergencies

- Impaired Driving
- House Fire
- Medical Emergency
- Abduction
- Robbery
- Report Domestic Violence
- Suspicious Activities
- Heart Attack or Stroke

2-1-1 for info and resources

- Housing and Utility Issues
- Find Shelter
- Locate a Food Bank
- Natural Disaster Relief Information
- Fraud and Identity Protection
- Tax Preparation Assistance
- Veterans Services
- Support Groups and Counseling Services

Or text your ZIP Code to TXT-211 to chat with a community specialist.

IMPACT **2-1-1**
Get Connected. Get Answers.

Get the Care You Need Services	
for Mental Health Issues:	
Peer2Peer Lines (teens and young adults) Textline for teens and young adults who may struggle with anxiety, depression, substance abuse, or other concerns.	Text (619)377-7111 visit: www.mhsinc.org/peer2peer-lines
TransLifeline A peer support phone service run by trans people for trans, questioning, and ALL peers.	1-877-565-8860 https://translifeline.org/hotline/
The Trevor Project Offers a texting line, online chat, or phone hotline for LGBTQ youth struggling with mental health or suicidal thoughts	Call: 1-866-488-7386 Text: START to 678678 visit: www.thetrevorproject.org
Services for Alcohol and Drug Issues:	
Substance Abuse and Mental Health Services Administration A confidential and anonymous source of information for persons seeking treatment facilities for substance use/addiction and/or mental health problems	National Helpline: 1-800-662-4357 visit: www.findtreatment.samhsa.gov



SCAN FOR MORE RESOURCES