

ABCD Participant Resources

This resource sheet includes a few support options that may be helpful to you. We provide this to all research participants as a starting point, but many other resources are also available. If you ever need help, you are not alone—support is available. Please consider reaching out to these or other organizations for assistance.



988 Suicide & Crisis Hotline

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24/7. Call or Text **988**



NAMI Teen & Young Adult HelpLine

A free nationwide peer-support service providing information, resource referrals, and support to teens and young adults. Call **1-800-950-6264** or Text **Friend** to **62640**



Our Lady of Mercy - Local Resource

Provides basic and emergency resources, education, job assistance, and health services. Call **843-559-4109**



National Runaway Services

Serving as the national communications system for runaway and homeless youth. Call or Text **1-800-786-2929**



National Sexual Assault Hotline

Confidential 24/7 Support
Chat online or call **1-800-656-4673**



National Domestic Violence Hotline

24/7 confidential support for individuals facing domestic violence or abuse. Call **1-800-799-7233**

Looking for different resources?



Scan here to find a psychologist near you.

Being healthy isn't just about your body—it's about your mind too! Scan here for more information about young adult health.

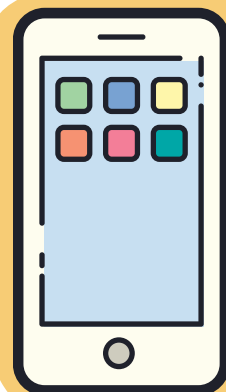


Want to participate in more studies at MUSC?



Scan here!

OR



Text RESEARCH to 843-608-0514