



ABCD Study: University of Pittsburgh

Thank you for participating in the ABCD Study! Here is some information we give to everyone in our research studies. If you or someone you know if having a problem with depression, anxiety, alcohol/drugs, or other life concerns, help is available.

MENTAL HEALTH CRISIS SERVICES

National Suicide Prevention Lifeline	1-800-273-8255 988 Text or Call, 24/7
<i>Allegheny County</i>	
Resolve Crisis Network: <ul style="list-style-type: none"> • Crisis Intervention; Mental Health/Drug & Alcohol 	1-888-7-YOU-CAN (1-888-796-8226) 24-hour hotline
Western Psychiatric Hospital (WPIC)	412-624-1000
UPMC Western Behavioral Health Child Services	central call line: 412-246-6668
Allegheny County Mental Health Services	412-350-4456
<i>Beaver County</i>	
Beaver County System of Care	24-hour hotline: 1-800-400-6180
<i>Butler County</i>	
The Center for Community Resources	24-hour hotline: 1-800-292-3866
<i>Fayette County</i>	
Chestnut Ridge Counseling Center	24- hour hotline: 724-437-1003
<i>Westmoreland County</i>	
Westmoreland Community Action Crisis Hotline	1-800-836-6010
The National Alliance on Mental Illness	1-800-950-6264

The Association of Black Psychologists

1-301-449-3082

HEALTH SERVICES

Allegheny County Health Department	412-687-ACHD (2243).
Find Federally Qualified Health Centers (FQHCs):	https://www.ruralhealthinfo.org/topics/federally-qualified-health-centers
Find a pediatrician/pediatric specialist	https://www.healthychildren.org/English/tips-tools/find-pediatrician/Pages/Pediatrician-Referral-Service.aspx

FAMILY SERVICES

Child Protective Services	1-800-932-0313 24-hour hotline
Wesley Family Services	Crisis line: 724-335-6242, daytime www.wfspa.org
STAR Center: (Outpatient Services to Teens at Risk)	412-246-5619 https://www.starcenter.pitt.edu/about
PA Citizen Resources	https://www.dhs.pa.gov/providers/Providers/Pages/Coronavirus-Citizen-Resources.aspx
Report Child Abuse	https://www.compass.state.pa.us/cwis/public/home
JADA House International	[412] 251-3014 info@jadahouseinternational.com

DRUG AND ALCOHOL SERVICES

Western Psychiatric Hospital

412-624-1000

<ul style="list-style-type: none"> Outpatient, intensive outpatient, partial hospitalization 	
Mercy Behavioral Health <ul style="list-style-type: none"> Crisis intervention; mental health, drug & alcohol. 	1-877-637-2924 www.pittsburghmercy.org Walk in Services: 264 South 9 TH Street
Greenbriar Treatment Center <ul style="list-style-type: none"> Residential, intensive outpatient, partial hospitalization, detox, halfway houses 	1-800-637-4673 www.greenbriar.net
Gateway Rehabilitation Center <ul style="list-style-type: none"> Residential, intensive outpatient, partial hospitalization 	1-800-472-1177 www.gatewayrehab.org
UPMC Center for Psychiatric and Chemical Dependency Services (CPCDS)	ADULT Program: 1-877-624-4100 ADOLESCENT Program: 412-246-5910
Alcoholics Anonymous	412-471-7472 www.pghaa.org
Narcotics Anonymous	1-888-251-2426 https://www.na.org
Al-Anon / Alateen <ul style="list-style-type: none"> Support for people who have been affected by a loved one's drinking 	1-888-425-2666 www.pa-al-anon.org

FOOD ASSISTANCE

Catholic Charities <ul style="list-style-type: none"> Basic needs, counseling, healthcare, housing/shelter 	412-456-6999 ccpgh.org
Salvation Army of Western PA <ul style="list-style-type: none"> Basic needs, food, shelter, addiction services, and more 	412-446-1500 www.easternusa.salvationarmy.org/western-pennsylvania/
Greater Pittsburgh Community Food Bank	412-460-3663 www.pittsburghfoodbank.org

Pittsburgh Food Pantries	https://www.foodpantries.org/ci/pa-pittsburgh
Dial 2-1-1 or go to 211.org <ul style="list-style-type: none"> • Zip code specific resources 	FREE support accessing health and human services in your community (like childcare, emergency food, or housing services)

LEGAL SERVICES

Office of the Public Defender <ul style="list-style-type: none"> • Legal representation for low-income people 	412-350-2401 https://www.alLEGHENYCOUNTY.us/public-defender/index.aspx
Neighborhood Legal Services Association	1-866-761-NLSA (6572) https://nlsa.us/

SHELTER AND HOUSING

Women's Center & Shelter of Greater Pittsburgh	412-687-8005, Call 24/7 Txt 412-744-8445 https://wcspittsburgh.org/
Bridge to Independence, Inc. Debra House	412-271-5787
Light of Life Rescue Mission <ul style="list-style-type: none"> • For women, children, men 	412- 256-6100 https://www.lightoflife.org/gethelp/
East End Cooperative Ministry <ul style="list-style-type: none"> • Emergency shelter for men 	412-345-7135
Northside Common Ministries Pleasant Valley Shelter <ul style="list-style-type: none"> • Men's Shelter 	412-323-1163
Community Human Services (CHS) <ul style="list-style-type: none"> • Housing assistance, youth and family programs 	412-246-1640 www.chscorp.org

OTHER SERVICES

Pittsburgh Action Against Rape <ul style="list-style-type: none"> • Crisis intervention, counseling, and advocacy 	1-866-363-7273 (1-866-END-RAPE), 24/7 https://paar.net/
Allegheny County Reproductive Health Center	412-661-8811 Alleghenyreproductive.com
Planned Parenthood of Western Pennsylvania	1-800-230-PLAN (7526) www.plannedparenthood.org
Center for Victims of Violent Crimes	412-392-8582 1-866-644-2882, call 24/7 www.centerforvictims.org
Ursuline Support Services <ul style="list-style-type: none"> • Guardianship, adult protective services, independent support 	412-224-4700 ursulinesupportservices.org
Allies for Health and Well Being <ul style="list-style-type: none"> • Inclusive primary care and gender-affirming care 	412-345-7456 www.alliespgh.org
LGBTQ - Persad Center, Inc.	412-441-9786 www.persadcenter.org
PA Resources for Immigrants	https://www.pa.gov/guides/resources-for-immigrants
Printable “Know Your Rights” Cards <ul style="list-style-type: none"> • Helps to assert your rights • Defend yourself 	https://www.ilrc.org/red-cards