



Adolescent Brain Cognitive Development®  
Teen Brains. Today's Science. Brighter Future.

## ABCD Study: University of Pittsburgh

Thank you for participating in the ABCD Study! Here is some information we give to everyone in our research studies. If you or someone you know is having a problem with depression, anxiety, alcohol/drugs, or other life concerns, help is available.

### MENTAL HEALTH CRISIS SERVICES

National Suicide Prevention Lifeline	1-800-273-8255 988 Text or Call, 24/7
<i>Allegheny County</i>	
Resolve Crisis Network: <ul style="list-style-type: none"> <li>• Crisis Intervention; Mental Health/Drug &amp; Alcohol</li> </ul>	1-888-7-YOU-CAN (1-888-796-8226) 24-hour hotline
Western Psychiatric Hospital (WPIC)	412-624-1000
UPMC Western Behavioral Health Child Services	central call line: 412-246-6668
Allegheny County Mental Health Services	412-350-4456
<i>Beaver County</i>	
Beaver County System of Care	24-hour hotline: 1-800-400-6180
<i>Butler County</i>	
The Center for Community Resources	24-hour hotline: 1-800-292-3866
<i>Fayette County</i>	
Chestnut Ridge Counseling Center	24- hour hotline: 724-437-1003
<i>Westmoreland County</i>	
Westmoreland Community Action Crisis Hotline	1-800-836-6010
The National Alliance on Mental Illness	1-800-950-6264

The Association of Black Psychologists	1-301-449-3082
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## HEALTH SERVICES

Allegheny County Health Department	412-687-ACHD (2243).
Find Federally Qualified Health Centers (FQHCs):	<a href="https://www.ruralhealthinfo.org/topics/federally-qualified-health-centers">https://www.ruralhealthinfo.org/topics/federally-qualified-health-centers</a>
Find a pediatrician/pediatric specialist	<a href="https://www.healthychildren.org/English/tips-tools/find-pediatrician/Pages/Pediatrician-Referral-Service.aspx">https://www.healthychildren.org/English/tips-tools/find-pediatrician/Pages/Pediatrician-Referral-Service.aspx</a>
Children’s Hospital COVID-19 Information	<a href="https://www.chp.edu/our-services/infectious-diseases/covid-19">https://www.chp.edu/our-services/infectious-diseases/covid-19</a>
PA Vaccine Provider Map:	<a href="https://www.health.pa.gov/topics/programs/immunizations/Pages/COVID-19-Vaccine-Providers.aspx#map">https://www.health.pa.gov/topics/programs/immunizations/Pages/COVID-19-Vaccine-Providers.aspx#map</a>

## FAMILY SERVICES

Child Protective Services	1-800-932-0313 24-hour hotline
Wesley Family Services	Crisis line: 724-335-6242, daytime <a href="http://www.wfspa.org">www.wfspa.org</a>
STAR Center: (Outpatient Services to Teens at Risk)	412-246-5619 <a href="https://www.starcenter.pitt.edu/about">https://www.starcenter.pitt.edu/about</a>
PA Citizen Resources	<a href="https://www.dhs.pa.gov/providers/Providers/Pages/Coronavirus-Citizen-Resources.aspx">https://www.dhs.pa.gov/providers/Providers/Pages/Coronavirus-Citizen-Resources.aspx</a>
Report Child Abuse	<a href="https://www.compass.state.pa.us/cwis/public/home">https://www.compass.state.pa.us/cwis/public/home</a>

JADA House International	[412] 251-3014 info@jadahouseinternational.com
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## DRUG AND ALCOHOL SERVICES

<p>Western Psychiatric Hospital</p> <ul style="list-style-type: none"> <li>• Outpatient, intensive outpatient, partial hospitalization</li> </ul>	412-624-1000
<p>Mercy Behavioral Health</p> <ul style="list-style-type: none"> <li>• Crisis intervention; mental health, drug &amp; alcohol.</li> </ul>	<p>1-877-637-2924</p> <p><a href="http://www.pittsburghmercy.org">www.pittsburghmercy.org</a></p> <p>Walk in Services: 264 South 9<sup>TH</sup> Street</p>
<p>Greenbriar Treatment Center</p> <ul style="list-style-type: none"> <li>• Residential, intensive outpatient, partial hospitalization, detox, halfway houses</li> </ul>	<p>1-800-637-4673</p> <p><a href="http://www.greenbriar.net">www.greenbriar.net</a></p>
<p>Gateway Rehabilitation Center</p> <ul style="list-style-type: none"> <li>• Residential, intensive outpatient, partial hospitalization</li> </ul>	<p>1-800-472-1177</p> <p><a href="http://www.gatewayrehab.org">www.gatewayrehab.org</a></p>
<p>UPMC Center for Psychiatric and Chemical Dependency Services (CPCDS)</p>	<p>ADULT Program: 1-877-624-4100</p> <p>ADOLESCENT Program: 412-246-5910</p>
<p>Alcoholics Anonymous</p>	<p>412-471-7472</p> <p><a href="http://www.pghaa.org">www.pghaa.org</a></p>
<p>Narcotics Anonymous</p>	<p>1-888-251-2426</p> <p><a href="https://www.na.org">https://www.na.org</a></p>
<p>Al-Anon / Alateen</p> <ul style="list-style-type: none"> <li>• Support for people who have been affected by a loved one's drinking</li> </ul>	<p>1-888-425-2666</p> <p><a href="http://www.pa-al-anon.org">www.pa-al-anon.org</a></p>

## FOOD ASSISTANCE

<p>Catholic Charities</p> <ul style="list-style-type: none"> <li>• Basic needs, counseling, healthcare, housing/shelter</li> </ul>	<p>412-456-6999</p> <p><a href="http://ccpgh.org">ccpgh.org</a></p>
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<p>Salvation Army of Western PA</p> <ul style="list-style-type: none"> <li>• Basic needs, food, shelter, addiction services, and more</li> </ul>	<p>412-446-1500  <a href="http://www.easternusa.salvationarmy.org/western-pennsylvania/">www.easternusa.salvationarmy.org/western-pennsylvania/</a></p>
<p>Greater Pittsburgh Community Food Bank</p>	<p>412-460-3663  <a href="http://www.pittsburghfoodbank.org">www.pittsburghfoodbank.org</a></p>
<p>Pittsburgh Food Pantries</p>	<p><a href="https://www.foodpantries.org/ci/pa-pittsburgh">https://www.foodpantries.org/ci/pa-pittsburgh</a></p>
<p>Dial 2-1-1 or go to 211.org</p> <ul style="list-style-type: none"> <li>• Zip code specific resources</li> </ul>	<p>FREE support accessing health and human services in your community (like childcare, emergency food, or housing services)</p>

## LEGAL SERVICES

<p>Office of the Public Defender</p> <ul style="list-style-type: none"> <li>• Legal representation for low-income people</li> </ul>	<p>412-350-2401  <a href="https://www.alleghenycounty.us/public-defender/index.aspx">https://www.alleghenycounty.us/public-defender/index.aspx</a></p>
<p>Neighborhood Legal Services Association</p>	<p>1-866-761-NLSA (6572)  <a href="https://nlsa.us/">https://nlsa.us/</a></p>

## SHELTER AND HOUSING

<p>Women’s Center &amp; Shelter of Greater Pittsburgh</p>	<p>412-687-8005, Call 24/7          Txt 412-744-8445  <a href="https://wcspittsburgh.org/">https://wcspittsburgh.org/</a></p>
<p>Bridge to Independence, Inc. Debra House</p>	<p>412-271-5787</p>
<p>Light of Life Rescue Mission</p> <ul style="list-style-type: none"> <li>• For women, children, men</li> </ul>	<p>412- 256-6100  <a href="https://www.lightoflife.org/gethelp/">https://www.lightoflife.org/gethelp/</a></p>
<p>East End Cooperative Ministry</p> <ul style="list-style-type: none"> <li>• Emergency shelter for men</li> </ul>	<p>412-345-7135</p>
<p>Northside Common Ministries Pleasant Valley Shelter</p> <ul style="list-style-type: none"> <li>• Men’s Shelter</li> </ul>	<p>412-323-1163</p>

<p>Community Human Services (CHS)</p> <ul style="list-style-type: none"> <li>Housing assistance, youth and family programs</li> </ul>	<p>412-246-1640 <a href="http://www.chscorp.org">www.chscorp.org</a></p>
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## OTHER SERVICES

<p>Pittsburgh Action Against Rape</p> <ul style="list-style-type: none"> <li>Crisis intervention, counseling, and advocacy</li> </ul>	<p>1-866-363-7273 (1-866-END-RAPE), 24/7 <a href="https://paar.net/">https://paar.net/</a></p>
<p>Allegheny County Reproductive Health Center</p>	<p>412-661-8811 <a href="http://Alleghenyreproductive.com">Alleghenyreproductive.com</a></p>
<p>Planned Parenthood of Western Pennsylvania</p>	<p>1-800-230-PLAN (7526) <a href="http://www.plannedparenthood.org">www.plannedparenthood.org</a></p>
<p>Center for Victims of Violent Crimes</p>	<p>412-392-8582 1-866-644-2882, call 24/7 <a href="http://www.centerforvictims.org">www.centerforvictims.org</a></p>
<p>Ursuline Support Services</p> <ul style="list-style-type: none"> <li>Guardianship, adult protective services, independent support</li> </ul>	<p>412-224-4700 <a href="http://ursulinesupportservices.org">ursulinesupportservices.org</a></p>
<p>Allies for Health and Well Being</p> <ul style="list-style-type: none"> <li>Inclusive primary care and gender-affirming care</li> </ul>	<p>412-345-7456 <a href="http://www.alliespgh.org">www.alliespgh.org</a></p>
<p>LGBTQ - Persad Center, Inc.</p>	<p>412-441-9786 <a href="http://www.persadcenter.org">www.persadcenter.org</a></p>
<p>PA Resources for Immigrants</p>	<p><a href="https://www.pa.gov/guides/resources-for-immigrants">https://www.pa.gov/guides/resources-for-immigrants</a></p>
<p>Printable “Know Your Rights” Cards</p> <ul style="list-style-type: none"> <li>Helps to assert your rights</li> <li>Defend yourself</li> </ul>	<p><a href="https://www.ilrc.org/red-cards">https://www.ilrc.org/red-cards</a></p>