



**Adolescent Brain Cognitive Development®**  
*Teen Brains. Today's Science. Brighter Future.*

Thank you for your participation in the ABCD Study!  
Here is our list of community resources in the Pittsburgh area.

## CONTENTS

MENTAL HEALTH CRISIS SERVICES.....	2
HEALTH SERVICES / COVID-19.....	2
FAMILY SERVICES.....	3
DRUG AND ALCOHOL SERVICES.....	3
FOOD ASSISTANCE.....	4
LEGAL SERVICES .....	5
SHELTER AND HOUSING.....	5
ADDITIONAL SERVICES.....	6

## MENTAL HEALTH CRISIS SERVICES

The Suicide Prevention Lifeline	1-800-273-8255
<i>Allegheny County</i>	
Resolve Crisis Network: <ul style="list-style-type: none"> <li>Crisis Intervention, Crisis Stabilization, Central Recovery Center; Mental Health/Drug &amp; Alcohol</li> </ul>	1-888-7-YOU-CAN (1-888-796-8226) <b>Call 24/7</b>
Western Psychiatric Hospital (WPIC)-Emergency Room	412-624-2000
Allegheny County Mental Health Services	412-350-4456
Allegheny County Health Department	412-687-ACHD (2243).
<i>Beaver County</i>	
Beaver County System of Care	1-800-400-6180, <b>24/7</b>
<i>Butler County</i>	
The Center for Community Resources	1-800-292-3866, <b>24/7</b>
<i>Fayette County</i>	
Chestnut Ridge Counseling Center Crisis Line	724-437-1003, <b>24/7</b>
<i>Westmoreland County</i>	
Westmoreland Community Action Crisis Hotline	1-800-836-6010, <b>24/7</b>
The National Alliance on Mental Illness	1-800-950-6264
The Association of Black Psychologists	1-301-449-3082

## HEALTH SERVICES / COVID-19

Find Federally Qualified Health Centers (FQHCs):

<https://www.ruralhealthinfo.org/topics/federally-qualified-health-centers>

Find a pediatrician or pediatric specialist	<a href="https://www.healthychildren.org/English/tips-tools/find-pediatrician/Pages/Pediatrician-Referral-Service.aspx">https://www.healthychildren.org/English/tips-tools/find-pediatrician/Pages/Pediatrician-Referral-Service.aspx</a>
Talking to Children About COVID-19:	<a href="https://www.education.pa.gov/Schools/safeschools/emergencyplanning/COVID-19/TalkingtoChildren/TalkingtoChildrenCOVID19/Pages/default.aspx">https://www.education.pa.gov/Schools/safeschools/emergencyplanning/COVID-19/TalkingtoChildren/TalkingtoChildrenCOVID19/Pages/default.aspx</a>
Children’s Hospital COVID-19 Information	<a href="https://www.chp.edu/our-services/infectious-diseases/covid-19">https://www.chp.edu/our-services/infectious-diseases/covid-19</a>
PA Vaccine Provider Map:	<a href="https://www.health.pa.gov/topics/programs/immunizations/Pages/COVID-19-Vaccine-Providers.aspx#map">https://www.health.pa.gov/topics/programs/immunizations/Pages/COVID-19-Vaccine-Providers.aspx#map</a>

## FAMILY SERVICES

Child Protective Services	1-800-932-0313, <span style="background-color: yellow;">24/7</span>
Wesley Family Services	Crisis line: 724-335-6242, daytime <a href="http://www.wfspa.org">www.wfspa.org</a>
STAR Center: (Outpatient Services to Teens at Risk)	412-246-5619 <a href="https://www.starcenter.pitt.edu/about">https://www.starcenter.pitt.edu/about</a>
PA Citizen Resources	<a href="https://www.dhs.pa.gov/providers/Providers/Pages/Coronavirus-Citizen-Resources.aspx">https://www.dhs.pa.gov/providers/Providers/Pages/Coronavirus-Citizen-Resources.aspx</a>
Report Child Abuse	<a href="https://www.compass.state.pa.us/cwis/public/home">https://www.compass.state.pa.us/cwis/public/home</a>

## DRUG AND ALCOHOL SERVICES

Western Psychiatric Hospital	412-624-1000
------------------------------	--------------

<ul style="list-style-type: none"> <li>Outpatient, intensive outpatient, partial hospitalization</li> </ul>	
<p>Mercy Behavioral Health</p> <ul style="list-style-type: none"> <li>Crisis intervention, recovery center; mental health, drug &amp; alcohol.</li> </ul>	<p>1-877-637-2924  <a href="http://www.pittsburghmercy.org">www.pittsburghmercy.org</a>                      Walk in Services: 264 South 9<sup>TH</sup> Street</p>
<p>Greenbriar Treatment Center</p> <ul style="list-style-type: none"> <li>Residential, intensive outpatient, partial hospitalization, detox, halfway houses</li> </ul>	<p>1-800-637-4673  <a href="http://www.greenbriar.net">www.greenbriar.net</a></p>
<p>Gateway Rehabilitation Center</p> <ul style="list-style-type: none"> <li>Residential, intensive outpatient, partial hospitalization</li> </ul>	<p>1-800-472-1177  <a href="http://www.gatewayrehab.org">www.gatewayrehab.org</a></p>
<p>UPMC Center for Psychiatric and Chemical Dependency Services (CPCDS)</p>	<p>ADULT Program: 1-877-624-4100                      ADOLESCENT Program: 412-246-5910</p>
<p>Alcoholics Anonymous</p>	<p>412-471-7472  <a href="http://www.pghaa.org">www.pghaa.org</a></p>
<p>Narcotics Anonymous</p>	<p>1-888-251-2426  <a href="https://www.na.org">https://www.na.org</a></p>
<p>Al-Anon / Alateen</p> <ul style="list-style-type: none"> <li>Support for people who have been affected by a loved one's drinking</li> </ul>	<p>1-888-425-2666  <a href="http://www.pa-al-anon.org">www.pa-al-anon.org</a></p>

## FOOD ASSISTANCE

<p>Catholic Charities</p> <ul style="list-style-type: none"> <li>Basic needs, counseling, healthcare, housing/shelter</li> </ul>	<p>412-456-6999  <a href="http://ccpgh.org">ccpgh.org</a></p>
<p>Salvation Army of Western PA</p> <ul style="list-style-type: none"> <li>Basic needs, food, shelter, addiction services, and more</li> </ul>	<p>412-446-1500  <a href="http://www.easternusa.salvationarmy.org/western-pennsylvania/">www.easternusa.salvationarmy.org/western-pennsylvania/</a></p>

Greater Pittsburgh Community Food Bank	412-460-3663 <a href="http://www.pittsburghfoodbank.org">www.pittsburghfoodbank.org</a>
Pittsburgh Food Pantries	<a href="https://www.foodpantries.org/ci/pa-pittsburgh">https://www.foodpantries.org/ci/pa-pittsburgh</a>
Dial 2-1-1 or go to 211.org <ul style="list-style-type: none"> <li>• Zip code specific resources</li> </ul>	FREE support accessing health and human services in your community (like childcare, emergency food, or housing services)

## LEGAL SERVICES

Office of the Public Defender <ul style="list-style-type: none"> <li>• <b>Provides legal representation for low-income people in certain matters</b></li> </ul>	412-350-2401 <a href="https://www.alleghenycounty.us/public-defender/index.aspx">https://www.alleghenycounty.us/public-defender/index.aspx</a>
Neighborhood Legal Services Association <ul style="list-style-type: none"> <li>• <b>Open Mon-Fri 9am-12pm &amp; 1-2:30pm</b></li> <li>• <b>Mon and Wed also have 5-8pm</b></li> </ul>	1-866-761-NLSA (6572) <a href="https://nlsa.us/">https://nlsa.us/</a>

## SHELTER AND HOUSING

Women’s Center & Shelter of Greater Pittsburgh <ul style="list-style-type: none"> <li>• For women and children</li> </ul>	412-687-8005, <b>Call 24/7</b> Txt 412-744-8445 <a href="https://wcspittsburgh.org/">https://wcspittsburgh.org/</a>
Bridge to Independence, Inc. Debra House <ul style="list-style-type: none"> <li>• For women and children</li> </ul>	412-271-5787
Light of Life Rescue Mission <ul style="list-style-type: none"> <li>• For women, children, and men</li> </ul>	412- 256-6100 <a href="https://www.lightoflife.org/gethelp/">https://www.lightoflife.org/gethelp/</a>

<p>East End Cooperative Ministry</p> <ul style="list-style-type: none"> <li>• Emergency shelter for men</li> </ul>	<p>412-345-7135</p>
<p>Northside Common Ministries Pleasant Valley Shelter</p> <ul style="list-style-type: none"> <li>• Men’s Shelter</li> </ul>	<p>412-323-1163</p>
<p>Community Human Services (CHS)</p> <ul style="list-style-type: none"> <li>• Housing assistance, emergency shelter, youth and family programs</li> </ul>	<p>412-246-1640 <a href="http://www.chscorp.org">www.chscorp.org</a></p>

## ADDITIONAL SERVICES

<p>Pittsburgh Action Against Rape</p> <ul style="list-style-type: none"> <li>• Crisis intervention, counseling, and advocacy</li> </ul>	<p>1-866-363-7273 (1-866-END-RAPE), 24/7 <a href="https://paar.net/">https://paar.net/</a></p>
<p>Planned Parenthood of Western Pennsylvania</p>	<p>1-800-230-PLAN (7526) <a href="http://www.plannedparenthood.org">www.plannedparenthood.org</a></p>
<p>Center for Victims of Violent Crimes</p>	<p>412-392-8582 1-866-644-2882, call 24/7 <a href="http://www.centerforvictims.org">www.centerforvictims.org</a></p>
<p>Ursuline Support Services</p> <ul style="list-style-type: none"> <li>• Guardianship, adult protective services, independent support</li> </ul>	<p>412-224-4700 <a href="http://ursulinesupportservices.org">ursulinesupportservices.org</a></p>
<p>LGBTQ - Persad Center, Inc.</p> <ul style="list-style-type: none"> <li>• Special Courses and Counseling</li> </ul>	<p>412-441-9786 <a href="http://www.persadcenter.org">www.persadcenter.org</a></p>
<p>PA Resources for Immigrants</p>	<p><a href="https://www.pa.gov/guides/resources-for-immigrants">https://www.pa.gov/guides/resources-for-immigrants</a></p>
<p>Printable “Know Your Rights” Cards</p> <ul style="list-style-type: none"> <li>• Helps to assert your rights</li> <li>• Defend yourself</li> </ul>	<p><a href="https://www.ilrc.org/red-cards">https://www.ilrc.org/red-cards</a></p>

