

ABCD Study: University of Minnesota

County Resources

Thank you for participating in the ABCD Study! Here are some resources we give to all of our participants.

EMERGENCIES (such as thoughts about suicide)

- **DIAL 9-1-1** & Request MN Psychiatric Emergency Response Team
- **Hennepin (HCMC) Acute Psychiatric Services:** 612-873-3161
 - Address: 701 Park Ave, Minneapolis, MN 55415
 - 24-hour crisis intervention, treatment, and phone services for psychiatric emergencies
- **Hennepin (HCMC) Emergency Room:** 612-873-6963
 - Address: 730 South 8th St, Minneapolis, MN 55415

PROBLEMS WITH BULLYING? Visit <https://www.stopbullying.gov/>

SERVICES FOR MENTAL HEALTH OR SUBSTANCE ABUSE ISSUES

Minnesota Department of Human Services (MDHS)

Resources for metro region and entire state

- Phone: **651-431-2000**
- Email: dhs.info@state.mn.us
- Website: <https://mn.gov/dhs/>

MDHS: Alcohol and Drug Abuse Division

Provides connections to local resources and crisis counseling for alcohol and drug treatment and recovery services

- Phone: **651-431-2460**
- Mail: PO Box 64941, St. Paul, MN 55164-0941

MDHS: Children's Mental Health Division

Provides connections to local resources and crisis counseling for children's emotional and mental health problems

- Phone: **651-431-2321**
- Mail: PO Box 64985, St. Paul, MN 55164-0985

PROTECTIVE SERVICES

MDHS: Child Protective Services

- Phone: **612-348-3552**

MDHS: Adult Protective Services

- Phone: **844-880-1574**

County Resources

METRO AREA MENTAL HEALTH SERVICES BY COUNTY

Hennepin County Front Door

This is the first call to make if you are interested in accessing county social services like: Children and Adult Mental Health, Health Care Assistance, Childcare Assistance and Youth Services

- Phone: **612-348-3000**
- Aging & Disability Services: **612-348-4111**
- Adult: **612-596-1223**
- Child: **612-348-2233**
- Email: socialservices@hennepin.us
- Website: www.hennepin.us/residents#health-medical or <https://www.hennepin.us/residents#human-services>

Dakota County Social Services

Services include: 24-hour crisis response unit, adult mental health services, and children's mental health services

- Crisis Line: **952-891-7171**
- Adult: **651-554-6424**
- Children: **952-891-7459**
- Website: www.co.dakota.mn.us

Ramsey County Community Human Services

Provides services to meet basic human needs, assuring protection for children and people who are vulnerable, and assisting in achieving self-sufficiency

- Phone: **651-266-4444**
- Adult: **651-266-7900**
- Child: **651-774-7000**
- Website: www.ramseycounty.us

Carver County Child and Family Services

Child and Family social workers provide eligibility assessments for mental health services, including chemical dependency assessment and treatment

- Phone: **952-361-1600**
- Address: 602 East Fourth St, Chaska, MN 55318
- Website: www.co.carver.mn.us

Scott County Health & Human Services

Services include: adult mental health, adult protection, chemical dependency, children's mental health, child protection and support, and economic assistance

- Phone: **952-445-7751**
- Address: 200 4th Ave W, #300, Shakopee, MN 55379
- Website: <http://www.scottcountymn.gov>

County Resources

Washington County Community Services

Providing services so children and adults who are vulnerable, disabled, mentally ill, or chemically dependent will be safe and healthy

- Phone: **651-777-5222**
- Adult & Child: **651-430-6484**
- Website: www.co.washington.mn.us

COMPLETE LIST OF CRISIS LINES FOR THE STATE OF MINNESOTA

Twin Cities Metro Area

To talk to a team of mental health professionals

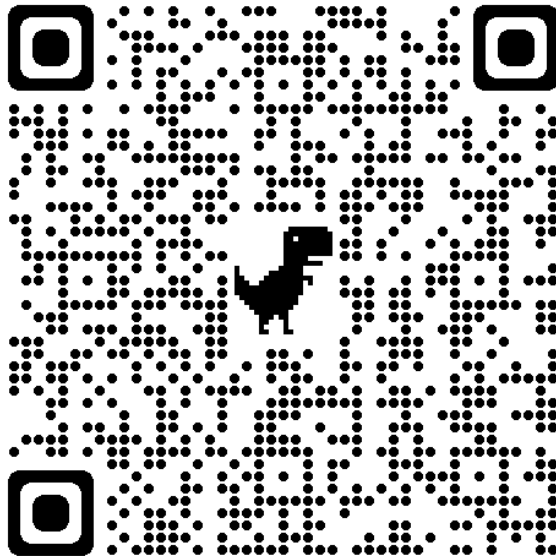
- Call ****CRISIS (**274747)** from a cell phone
- Text **"MN"** to **741741**

Adult Mental Health Crisis Response Phone Numbers

Crisis Lines listed by tribe and by county

- Website: <https://mn.gov/dhs/people-we-serve/adults/health-care/mental-health/resources/crisis-contacts.jsp>
- QR Code

INSTRUCTIONS: USE YOUR SMARTPHONE'S CAMERA OR A QR CODE APPLICATION TO SCAN THE QR CODE AND GENERATE THE WEBSITE LINK



County Resources

Children's Mental Health Crisis Response Phone Numbers

Crisis Lines listed by tribe and by county

- Website: <https://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care/childrens-mental-health/resources/crisis-contacts.jsp>

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