



Resources & Support

Thank you for your participation in the ABCD Study: VCU! Here is some information we give every family in our research studies. Help is available and you are not alone.

Community Resources

Community Services Information

- **2-1-1 Virginia**
Visit: 211virginia.org
- **RBHA Crisis Intervention**
Visit: <https://www.rbha.org/services/crisis-response/city-of-richmond.aspx>
- **Common Help**
Visit: <http://www.co.richmond.va.us/departments/social-services/benefits-programs/common-help>
- **Feed More**
Visit: <https://feedmore.org/how-we-help/hunger-hotline/>
Call: 804-521-2500

Emergency Hotlines

- **National Suicide Prevention Lifeline**
Visit: suicidepreventionlifeline.org
Call: 1-800-273-8255
Press 1 for Veterans Crisis Line
- **Alcoholics Anonymous 24-Hour Helpline**
Visit: aarichmond.org
Call: 804-355-1212
- **YWCA Domestic Violence Crisis Hotline**
Visit: ywcarichmond.org
Call: 804-612-6126
- **National LGBTQ+ Lifeline (Trevor Lifeline)**
Visit: thetrevorproject.org
Call: 1-866-488-7386
Text: START to 678678
- **Suicide & Crisis Lifeline**
Call: 988

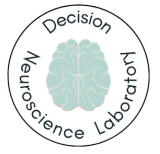


203 East Cary Street
Basement Level
Richmond, VA 23219

Phone: 804-828-4085
Text: 804-537-0678
Email: abcd@vcuhealth.org

<https://rampages.us/dnlvcu/>
 @dneurolab_vcu
 @dneurolab
 @DNeuroLab.VCU

Resources & Support



Emergency Hotlines

- **United We Dream: Immigrant Hotline**

Visit: <https://unitedwedream.org/our-work/undocuhealth-wellness/>

Call: 1-844-363-1423

Mental Health Services

- **Richmond Behavioral Health Authority**

Visit: rbha.org

Call: 804-819-4000 (8am-5pm)

Call: 804-819-4100 (24/7)

- **Health Brigade**

Visit: healthbrigade.org

Call: 804-358-6343 (Mon-Thurs)

Location: 1010 North Thompson Street Richmond, VA

- **Commonwealth Catholic Charities - Richmond**

Visit: cccofva.org

Email: agency@cccofva.org

Call: 804-285-5900

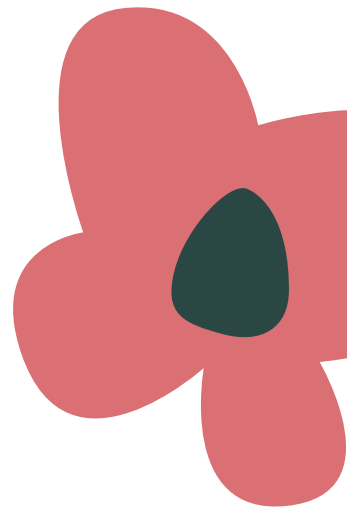
Location: 1601 Rolling Hills Drive Richmond, VA

- **Jewish Family Services**

Visit: jfsrichmond.org

Call: 804-282-5644 x 239

Location: 6718 Patterson Avenue Richmond, VA



Resources & Support



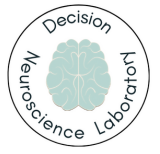
Housing Services

- **Neighborhood Housing Services of Richmond, Inc.**
Visit: nhsofr.org
Call: 804-329-2500
Location: 2712 Chamberlayne Ave. Richmond, VA
- **Housing Families First**
Visit: housingfamiliesfirst.org
Email: terri@housingfamiliesfirst.org
Call: 804-236-5800
Location: 3900 Nine Mile Road, Henrico, VA
- **Richmond Redevelopment & Housing Authority**
Visit: rrha.com/public-housing/
Email: info@rrha.com
Call: 804-780-4200 x 711
Location: 901 Chamberlayne Parkway Richmond, VA
- **Greater Richmond Continuum of Care (GRCoC)**
Visit: <http://endhomelessnessrva.org/>

LGBTQ+ Resources

- **Diversity Richmond**
Visit: diversityrichmond.org
Email: bill.harrison@diversityrichmond.org
Call: 804-622-4646
Location: 1407 Sherwood Ave Richmond, VA
- **James River Transgender Society**
Visit: jrts.org
Call: 804-404-2425
Location: 1407 Sherwood Ave Richmond, VA
- **Parents, Families, and Friends of Lesbians and Gays (PFLAG)**
Visit: pflagofrichmond.org
Email: pflagrichmondcoordinator@comcast.net
Call: 804-751-5167
Location: 2311 Westwood Ave, Richmond VA

Resources & Support



LGBTQ+ Resources

- **Side by Side**

Visit: sidebyside.org

Email: info@sidebysideva.org

Call: 804-644-4800

Youth Support Hotline: 888-644-4390

Location: 2311 Westwood Ave, Richmond VA

Other Resources By State

Washington, D.C.

- **DC Community Resources**

Visit: dhcf.dc.gov/page/dc-community-resources

- **Capital Area Food Bank**

Visit: capitalareafoodbank.org

Call: 202-644-9800

Location: 4900 Puerto Rico Ave NE, Washington DC 20017

Virginia

- **Fairfax-Falls Church Community Services**

Visit: capitalareafoodbank.org

Call: 202-644-9800

Location: 4900 Puerto Rico Ave NE, Washington DC 20017

- **Hampton VA Medical Center**

Visit: hampton.va.gov

Call: 757-722-9961

Location: 12011 Government Center Parkway, Suite 836
Fairfax, Virginia 22035

- **Suicide Prevention Coordinators**

Email: VHASPCVA-590HAMSuicidePreventionTeam@va.gov

Call: 757-722-9961 x3355

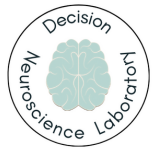
- **Salem VA Medical Center**

Visit: salem.va.gov

Call: 540-982-2463

Location: 1970 Roanoke Blvd, Salem, VA 24153

Resources & Support



Other Resources By State

Maryland

- **Community Services Locator**
Visit: 211md.org
- **Baltimore County Government Services**
Visit: baltimorecountymd.gov
Call: 410-887-2594

North Carolina

Addiction Treatment

- **Stepping Stones Community Resources Inc.**
Visit: steppingstonescri.net
Call: 919-269-9300
Location: 3904 Airport Dr, Wilson, NC 27896

Childcare/Youth Services

- **NC Childcare Network**
Visit: ncchildcare.net
Call: 800-859-0829
Location: 319 Chapanoke Rd, Suite 120, Raleigh, NC 27603

Clothing

- **Catholic Parish Outreach**
Visit: cporaleigh.org
Call: 704-282-1297
Location: 2013 N. Raleigh Blvd, Raleigh, NC 27604
- **Dress for Success**
Visit: trianglenc.dressforsuccess.org
Call: 919-286-2128
Location: 1812 Tillery Pl Suite 105, Raleigh, NC 276

Financial & Food

- **Wake County Human Services**
Visit: wakegov.com/humanservices
Call: 919-212-7000
Location: 220 Swinburne Rd, Raleigh, NC 27610

Handicapped/Disabled Services

- **Visit:** ncdhhs.gov/division/dvrs
Call: 919-859-8301