

ABCD Study: University of Minnesota

County Resources

Thank you for participating in the ABCD study. Here is some information we give to everyone in our research studies. If you or someone you know is having a problem with alcohol, drugs, or emotional concerns, help is available.

EMERGENCIES (such as thoughts about suicide)

- **DIAL 9-1-1** & Request MN Psychiatric Emergency Response Team
- **Hennepin (HCMC) Acute Psychiatric Services:** 612-873-3161
 - Address: 701 Park Ave, Minneapolis, MN 55415
 - 24-hour crisis intervention, treatment, and phone services for psychiatric emergencies
- **Hennepin (HCMC) Emergency Room:** 612-873-6963
 - Address: 730 South 8th St, Minneapolis, MN 55415

PROBLEMS WITH BULLYING? Visit <https://www.stopbullying.gov/>

SERVICES FOR MENTAL HEALTH OR SUBSTANCE ABUSE ISSUES

Minnesota Department of Human Services (MDHS)

Resources for metro region and entire state

- Phone: **651-431-2000**
- Email: dhs.info@state.mn.us
- Website: <https://mn.gov/dhs/>

MDHS: Alcohol and Drug Abuse Division

Provides connections to local resources and crisis counseling for alcohol and drug treatment and recovery services

- Phone: **651-431-2460**
- Mail: PO Box 64941, St. Paul, MN 55164-0941

MDHS: Children's Mental Health Division

Provides connections to local resources and crisis counseling for children's emotional and mental health problems

- Phone: **651-431-2321**
- Mail: PO Box 64985, St. Paul, MN 55164-0985

PROTECTIVE SERVICES

MDHS: Child Protective Services

- Phone: **612-348-3552**

MDHS: Adult Protective Services

- Phone: **844-880-1574**

County Resources

METRO AREA MENTAL HEALTH SERVICES BY COUNTY

Hennepin County Front Door

This is the first call to make if you are interested in accessing county social services like: Children and Adult Mental Health, Health Care Assistance, Childcare Assistance and Youth Services

- Phone: **612-348-3000**
- Aging & Disability Services: **612-348-4111**
- Adult: **612-596-1223**
- Child: **612-348-2233**
- Email: socialservices@hennepin.us
- Website: www.hennepin.us/residents#health-medical or <https://www.hennepin.us/residents#human-services>

Dakota County Social Services

Services include: 24-hour crisis response unit, adult mental health services, and children's mental health services

- Crisis Line: **952-891-7171**
- Adult: **651-554-6424**
- Children: **952-891-7459**
- Website: www.co.dakota.mn.us

Ramsey County Community Human Services

Provides services to meet basic human needs, assuring protection for children and people who are vulnerable, and assisting in achieving self-sufficiency

- Phone: **651-266-4444**
- Adult: **651-266-7900**
- Child: **651-774-7000**
- Website: www.ramseycounty.us

Carver County Child and Family Services

Child and Family social workers provide eligibility assessments for mental health services, including chemical dependency assessment and treatment

- Phone: **952-361-1600**
- Address: 602 East Fourth St, Chaska, MN 55318
- Website: www.co.carver.mn.us

Scott County Health & Human Services

Services include: adult mental health, adult protection, chemical dependency, children's mental health, child protection and support, and economic assistance

- Phone: **952-445-7751**
- Address: 200 4th Ave W, #300, Shakopee, MN 55379
- Website: <http://www.scottcountymn.gov>

County Resources

Washington County Community Services

Providing services so children and adults who are vulnerable, disabled, mentally ill, or chemically dependent will be safe and healthy

- Phone: **651-777-5222**
- Adult & Child: **651-430-6484**
- Website: www.co.washington.mn.us

COMPLETE LIST OF CRISIS LINES FOR THE STATE OF MINNESOTA

Twin Cities Metro Area

To talk to a team of mental health professionals

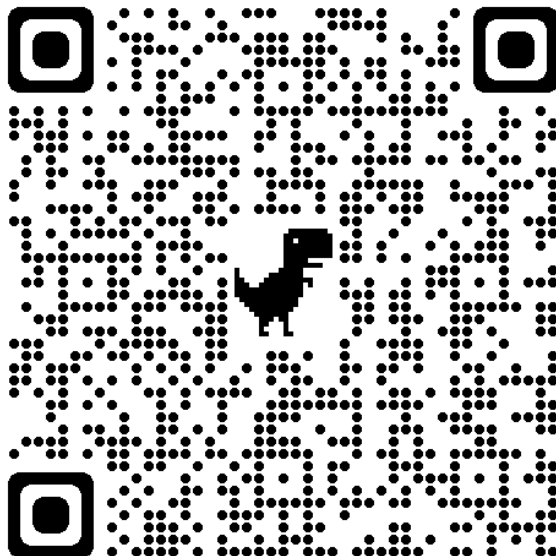
- Call ****CRISIS (**274747)** from a cell phone
- Text **"MN"** to **741741**

Adult Mental Health Crisis Response Phone Numbers

Crisis Lines listed by tribe and by county

- Website: <https://mn.gov/dhs/people-we-serve/adults/health-care/mental-health/resources/crisis-contacts.jsp>
- QR Code

INSTRUCTIONS: USE YOUR SMARTPHONE'S CAMERA OR A QR CODE APPLICATION TO SCAN THE QR CODE AND GENERATE THE WEBSITE LINK



County Resources

Children's Mental Health Crisis Response Phone Numbers

Crisis Lines listed by tribe and by county

- Website: <https://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care/childrens-mental-health/resources/crisis-contacts.jsp>

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