

# ABCD Study: University of Minnesota

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## County Resources

Thank you for participating in the ABCD Study! Here are some resources we give to all of our participants.

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### **EMERGENCIES (such as thoughts about suicide)**

- **DIAL 9-1-1** & Request MN Psychiatric Emergency Response Team
- **Hennepin (HCMC) Acute Psychiatric Services:** 612-873-3161
  - Address: 701 Park Ave, Minneapolis, MN 55415
  - 24-hour crisis intervention, treatment, and phone services for psychiatric emergencies
- **Hennepin (HCMC) Emergency Room:** 612-873-6963
  - Address: 730 South 8th St, Minneapolis, MN 55415

**PROBLEMS WITH BULLYING?** Visit <https://www.stopbullying.gov/>

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### **SERVICES FOR MENTAL HEALTH OR SUBSTANCE ABUSE ISSUES**

#### **Minnesota Department of Human Services (MDHS)**

*Resources for metro region and entire state*

- Phone: **651-431-2000**
- Email: [dhs.info@state.mn.us](mailto:dhs.info@state.mn.us)
- Website: <https://mn.gov/dhs/>

#### **MDHS: Alcohol and Drug Abuse Division**

*Provides connections to local resources and crisis counseling for alcohol and drug treatment and recovery services*

- Phone: **651-431-2460**
- Mail: PO Box 64941, St. Paul, MN 55164-0941

#### **MDHS: Children's Mental Health Division**

*Provides connections to local resources and crisis counseling for children's emotional and mental health problems*

- Phone: **651-431-2321**
- Mail: PO Box 64985, St. Paul, MN 55164-0985

### **PROTECTIVE SERVICES**

#### **MDHS: Child Protective Services**

- Phone: **612-348-3552**

#### **MDHS: Adult Protective Services**

- Phone: **844-880-1574**

County Resources

**METRO AREA MENTAL HEALTH SERVICES BY COUNTY**

**Hennepin County Front Door**

*This is the first call to make if you are interested in accessing county social services like: Children and Adult Mental Health, Health Care Assistance, Childcare Assistance and Youth Services*

- Phone: **612-348-3000**
- Aging & Disability Services: **612-348-4111**
- Adult: **612-596-1223**
- Child: **612-348-2233**
- Email: [socialservices@hennepin.us](mailto:socialservices@hennepin.us)
- Website: [www.hennepin.us/residents#health-medical](http://www.hennepin.us/residents#health-medical) or <https://www.hennepin.us/residents#human-services>

**Dakota County Social Services**

*Services include: 24-hour crisis response unit, adult mental health services, and children's mental health services*

- Crisis Line: **952-891-7171**
- Adult: **651-554-6424**
- Children: **952-891-7459**
- Website: [www.co.dakota.mn.us](http://www.co.dakota.mn.us)

**Ramsey County Community Human Services**

*Provides services to meet basic human needs, assuring protection for children and people who are vulnerable, and assisting in achieving self-sufficiency*

- Phone: **651-266-4444**
- Adult: **651-266-7900**
- Child: **651-774-7000**
- Website: [www.ramseycounty.us](http://www.ramseycounty.us)

**Carver County Child and Family Services**

*Child and Family social workers provide eligibility assessments for mental health services, including chemical dependency assessment and treatment*

- Phone: **952-361-1600**
- Address: 602 East Fourth St, Chaska, MN 55318
- Website: [www.co.carver.mn.us](http://www.co.carver.mn.us)

**Scott County Health & Human Services**

*Services include: adult mental health, adult protection, chemical dependency, children's mental health, child protection and support, and economic assistance*

- Phone: **952-445-7751**
- Address: 200 4th Ave W, #300, Shakopee, MN 55379
- Website: <http://www.scottcountymn.gov>

## County Resources

### Washington County Community Services

*Providing services so children and adults who are vulnerable, disabled, mentally ill, or chemically dependent will be safe and healthy*

- Phone: **651-777-5222**
- Adult & Child: **651-430-6484**
- Website: [www.co.washington.mn.us](http://www.co.washington.mn.us)

## COMPLETE LIST OF CRISIS LINES FOR THE STATE OF MINNESOTA

### Twin Cities Metro Area

*To talk to a team of mental health professionals*

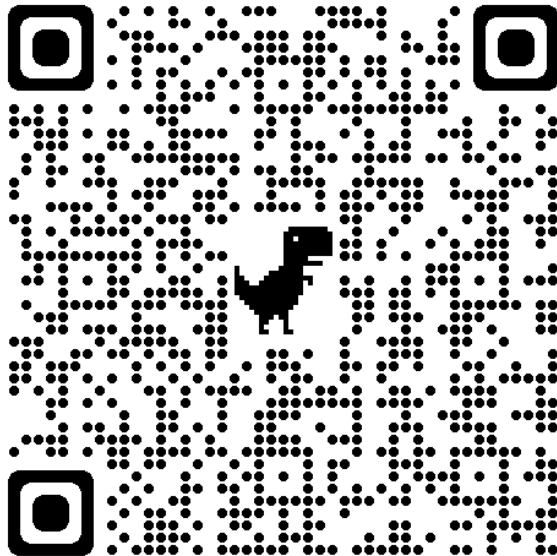
- Call **\*\*CRISIS (\*\*274747)** from a cell phone
- Text **"MN"** to **741741**

### Adult Mental Health Crisis Response Phone Numbers

*Crisis Lines listed by tribe and by county*

- Website: <https://mn.gov/dhs/people-we-serve/adults/health-care/mental-health/resources/crisis-contacts.jsp>
- QR Code

*\*INSTRUCTIONS: USE YOUR SMARTPHONE'S CAMERA OR A QR CODE APPLICATION TO SCAN THE QR CODE AND GENERATE THE WEBSITE LINK\**



## County Resources

### Children's Mental Health Crisis Response Phone Numbers

*Crisis Lines listed by tribe and by county*

- Website: <https://mn.gov/dhs/people-we-serve/people-with-disabilities/health-care/childrens-mental-health/resources/crisis-contacts.jsp>

- QR Code

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