**Resource Sheet** updated 12/15/20

Clinics and local resources for the Los Angeles area

**Consultations/Treatment Clinics**

**CAPPS Clinical Service –UCLA**
http://www.capps.ucla.edu/
Call for consultation: 310-206-3466
Email: capps@mednet.ucla.edu

**The Saban Free Clinic**
http://thesabanfreeclinic.org/
General Info: 323-653-8652
Teen Health Hotline: 310-855-4673 or text TEEN to 839863

**Substance Abuse and Mental Health Services Administration**
http://www.samhsa.gov/
National Helpline: 800-662-HELP (4357)

**Venice Family Clinic**
venicefamilyclinic.org
604 Rose Ave, Los Angeles, CA 90291
Call: 310-392-8636

**The Wallis Annenberg Children and Family Health Center at Hollywood Wilshire Health Center**
sabancommunityclinic.org
5205 Melrose Avenue, Los Angeles, CA 90038
Call: 323-653-1990

**Vasek Polak Health Clinic**
california.providence.org
13355 Hawthorne Blvd, Hawthorne, CA 90250
Call: 310-355-0100

**Los Angeles County Department of Mental Health**
dmh.lacounty.gov
Hotline: (800) 854-7771 (Screening, Assessment, Referral, Crisis Counseling)
24-Hour Bilingual

**National Suicide Prevention Lifeline**
http://www.suicidepreventionlifeline.org
24 Hour – Local Referrals
1-800-273-TALK (8255)
1-888-628-9454 (En Español)
1-800-799-4TTY (4889)
Didi Hirsch – Suicide Prevention Hotline
http://www.didihirsch.org
877-7-CRISIS or 877-727-4747

The Trevor Project
http://www.thetrevorproject.org/
Trevor Lifeline 1-866-488-7386 (text/chat)

Immigration Rights Resources
Esperanza Immigrant Rights Project is a project of Catholic Charities of Los Angeles
General Line: (213) 251-3505
https://www.esperanza-la.org/resources

The Immigration Center for Women and Children (ICWC)
Call: 213.614.1165
https://www.icwclaw.org/

Coalition for Humane Immigrant Rights
Call: (213) 353 1333
https://www.chirla.org/

Other Resources
Housing Assistance
Administration Office: (626) 350-1841
https://www.211la.org/housing

PACER’S National Bullying Prevention Center
E-mail: Bullying411@PACER.org
http://www.pacer.org/bullying/resources/

Stopbullying.gov
https://www.stopbullying.gov/resources/all

American Psychological Association
http://www.apa.org/topics/bullying/

KidsHealth –Divorce

Los Angeles County Department of Mental Health –Divorce Helping Children Adjust
Call: 1-800-854-7771
http://dmh.lacounty.gov/
COVID-19 RESOURCES
Centers for Disease Control and Prevention (CDC)
https://www.coronavirus.gov/
https://www.usa.gov/coronavirus

Los Angeles County Resources
Including map of free meals and Grab & Go Food Centers

Los Angeles County Library
https://lacountylibrary.org/coronavirus/

LAUSD resources for COVID-19
Including educational resources
https://achieve.lausd.net/resources

UCLA HEALTH
Including Live Chat to answer questions
https://www.uclahealth.org/coronavirus

City of Santa Monica
New Hotline Number: 310-458-8400 or info@santamonica.gov
https://www.santamonica.gov/coronavirus

City of Hawthorne
(310) 349-2901
http://www.cityofhawthorne.org/coronavirus

Torrance memorial Hospital: A Cedars-Sinai Affiliate
HOTLINE 24/7 Ask a Nurse: (310) 517-1111
https://www.torrancememorial.org/For_Visitors/COVID_19.aspx

Bereavement Resources
Maple Counseling Center
(Adults and children services)
9107 Wilshire Blvd., Lower Level, Beverly Hills, CA 90210
(310) 271-9999
tmcc.org

Hospice of the Conejo
(Adults and children services, Spanish speakers)
80 East Hillcrest Dr., Suite 204, Thousand Oaks, CA 91360
(805) 495-2145
hospiceoftheconejo.org

National Hospice and Palliative Care Organization
Help Line (800) 658-8898
Multilingual Line (877) 658-8896
nhpco.org