

## Resources For St. Louis Area

### Adolescent Suicide Prevention Services

1. **Communities Healing Adolescent Depression and Suicide**
  - a. Business Line and Hotline: (314) 952-8274
  - b. Location: 180 Crestwood Plaza St. Louis, MO 63126
  - c. Website: [www.Chadscoalition.org](http://www.Chadscoalition.org)
  - d. Extra Information: Accepts individuals ages 5-22

### Abuse Resources

1. **SAM Clinic/Children's Hospital**
  - a. Business Line: (314) 454-2879
  - b. Location: 1 Childrens Place St. Louis, MO 63110
  - c. Hours: M-F, 8:30am-4:30pm
  - d. Extra Information: Not an ER; accepts private insurance and Medicaid
2. **Annie Malone Children and Family Service Center**
  - a. Business Line: (314) 531-0120
  - b. Hotline: (314) 803-7476
  - c. Location: 2612 Annie Malone Dr. St. Louis, MO 63113
  - d. Website and Email: [www.anniemalone.com/index.html](http://www.anniemalone.com/index.html); [info@anniemalone.com](mailto:info@anniemalone.com)
  - e. Extra Information: Emergency Services; 24 hours
3. **Family Support Network**
  - a. Business Line: (314) 644-5055
  - b. Location: 7514 Big Bend Blvd. Webster Groves, MO 63119
  - c. Website: [www.familysupportnet.org](http://www.familysupportnet.org)
  - d. Hours: M-F, 8:30am-4:30pm
4. **Children's Advocacy Services**
  - a. Business Line: (314) 516-8307
  - b. Location: Multiple locations across the St. Louis area
  - c. Website: [www.stlouiscac.org](http://www.stlouiscac.org)
  - d. Hours: M-Th, 8:30am-8pm; F, 8:30am-6pm; S, 9am-2pm

### Counseling Services

1. **Hopewell Center Inc. St Louis MO**
  - a. Business Line: (314) 531-1770
  - b. Location: 1504 S. Grand St. Louis, MO 63104
  - c. Website: [www.hopewellcenter.com](http://www.hopewellcenter.com)
  - d. Hours: M-F, 8:30am-5pm
  - e. Extra Information: Patients must live in St. Louis; accepts Medicaid/Medicare, private insurance and sliding-scale
2. **Provident Inc.**
  - a. Business Line: (314) 371-6500
  - b. Location: 2650 Olive St. St. Louis, MO 63103
  - c. Website: [www.providentstl.org](http://www.providentstl.org)

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- d. Hours: M, 8am-7pm; T, 8am-9pm; W, 8am-7pm; Th, 8am-9pm; F, 8am-5pm
  - e. Extra Information: Free services for patients 19 and under who live in St. Louis County
- 3. StepFamily Resources**
    - a. Business Line: (314) 644-3366
    - b. Location: 7700 Clayton Rd. St. Louis, MO 63117
    - c. Extra Information: Sliding scale;
  - 4. Kid's Clubhouse**
    - a. Business Line: (314) 721-1144
    - b. Location: 320 N. Forsyth St. Louis, MO 63105
    - c. Website: [www.kidsclubhouse.org](http://www.kidsclubhouse.org)
    - d. Extra Information: Free; For grieving children and their families
  - 5. Victor Farwell LCSW**
    - a. Business Line: (314) 647-2800
    - b. Location: 7750 Clayton Ste. 300 St. Louis, MO 63105
    - c. Extra Information: Will accept Medicaid; Sliding Scale
  - 6. Kids in the Middle**
    - a. Business Line: (314) 909-9922 Ask for clinical coordinator
    - b. Location: 2650 S. Hanley Rd Suite 150 Maplewood, MO 63144
    - c. Website: [www.kidsinthemiddle.org](http://www.kidsinthemiddle.org)
    - d. Hours: M-Th, 8:30am-9pm; F, 8:30am-6pm
    - e. Extra Information: For children (ages 3-18yrs) dealing with divorce and separation; Sliding Scale
  - 7. Psychology and Educators**
    - a. Business Line: (314) 878-8855
    - b. Location: 1023 Executive Pkwy, Suite 8 St. Louis, MO 63141
    - c. Hours: M-Th, 8am-7pm; F, 8am-12pm
    - d. Extra Information: Provides ADHD testing
  - 8. Chestnut Hill Health System**
    - a. Business Line: (618) 877-4420
    - b. Location: 50 Northgate Industrial Dr. Granite City, IL 62040 (Locations in Bloomington, Normal, Decatur, Maryville and Belleville as well)
    - c. Website: [www.chestnut.org](http://www.chestnut.org)
    - d. Hours: M-Th, 8am-8pm; F, 8am-5pm
  - 9. Charlespointe Counseling Consultants**
    - a. Business Line: (636) 947-2325
    - b. Location: 60 Hill Pointe Ct. St. Charles, MO 63303
    - c. Website: [www.charlespointecounseling.com](http://www.charlespointecounseling.com)
    - d. Hours: Schedule appointments M-F, 9:30am-3:30pm. Appoint times are varying and flexible. Some weekend hours
    - e. Extra Information: Takes insurance and out of network. Some counselors accepts sliding scale
  - 10. BJC Behavioral Health**
    - a. Business Line: (314) 729-4004

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- b. Location: Various locations across the St. Louis area
- c. Website: [www.bjcbehavioralhealth.org](http://www.bjcbehavioralhealth.org)
- d. Hours: Varies

### **Mentoring/Tutoring Services**

- 1. Boys and Girls Club**
  - a. Business Line: (314) 633-7900
  - b. Location: 4317 Vista Ave. St. Louis, MO 63110
  - c. Website: [www.hhbgc.org](http://www.hhbgc.org)
  - d. Hours: M-Th, 2pm-8pm; F, 2pm-6pm
- 2. Health Education for Youth (HEY)**
  - a. Business Line: (314) 535-7275
  - b. Location: 4169 Laclede Ave. St. Louis, MO 63108
  - c. Website: [www.projectark.wustl.edu](http://www.projectark.wustl.edu)
  - d. Hours: M & T, 6pm-9pm
- 3. One Hope United**
  - a. Business Line: (312) 922-6733
  - b. Location: 1015 Locust St. Suite 900 St. Louis, MO 63101
  - c. Website: [www.onehopeunited.org](http://www.onehopeunited.org)
- 4. Girls Incorporated of St. Louis**
  - a. Business Line: (314) 385-8088
  - b. Location: 3801 Nelson Dr. St. Louis, MO 63121
  - c. Website: [www.girlsincstl.org](http://www.girlsincstl.org)
  - d. Extra Information: For girls ages 5-18; \$25/year
- 5. Progressive Youth Connection**
  - a. Business Line: (314) 963-8368
  - b. Location: 9530 Watson Industrial Parke Suite A
  - c. Website: [www.pyconline.com/index.htm](http://www.pyconline.com/index.htm)
  - d. Hours: M-F, 8:30am-5pm
  - e. Extra Information: Only for residents of St. Louis City and/or County
- 6. Stepping Stones to Success Inc.**
  - a. Business Line: (314) 995-2082
  - b. Location: 11220 W. Florissant #232 Florissant, MO 63033

### **Crisis and Suicide Hotlines**

- 1. Kids Under Twenty-One (KUTO)**
  - a. Hotline: (314) 644-5886
  - b. Hours: Su-Th, 4pm-10pm; F&S, 4pm-12am
- 2. Life Crisis Services**
  - a. Hotline: (314) 647-4357
  - b. Hours: M-Su, 24 hours
- 3. Lifeline**

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- a. Hotline: 1-800-273-TALK
- b. Hours: M-Su, 24 hours
- 4. Behavioral Health Response (BHR)**
  - a. Hotline: (314) 469-6644
  - b. Hours: M-Su, 24hrs

### Talk and Warm Lines

- 1. Talk Listen Care**
  - a. Warm line: (573) 651-3642
  - b. Hours: M-Su, 4pm-10pm
- 2. Empowerment Center**
  - a. Warm line: 1-877-435-7800
  - b. Hours: M-F, 8am-8pm; S&Su, Noon-5pm
- 3. Communities Healing Adolescent Depression and Suicide**
  - a. Warm line: (314) 952-8274
- 4. ParentLink**
  - a. Warm line: (800) 552-8522
  - b. Hours: M-F, 8am-5pm

### Substance Abuse/Addiction Services

- 1. Preferred Family HealthCare**
  - a. Business Line: (314) 899-0846
  - b. Location: Various locations across Missouri
  - c. Website: [www.pfh.org](http://www.pfh.org)
  - d. Hours: Varies by location
- 2. The SPOT at Washington University**
  - a. Business Line: (314) 535-0413
  - b. Location: 4169 Laclede Ave. St. Louis, MO 63108
  - c. Website: [www.thespot.wustl.edu](http://www.thespot.wustl.edu)
  - d. Hours: M-F, 1pm-5pm
- 3. Bridgeway Behavioral Health**
  - a. Business Line: (636) 224-1300
  - b. Location: 1027 S Vandeventer Ave. St. Louis, MO 63110
  - c. Website: [www.bridgewaybh.com](http://www.bridgewaybh.com)
  - d. Hours: M-Su, 9am-9pm

### Pregnancy Resources

- 1. Teen Pregnancy Center Barnes Jewish Hospital**
  - a. Business Line: 314-545-8259
  - b. Location: Barnes Jewish Hospital South St. Louis, MO 63110
  - c. Website: [www.barnesjewish.org/obstetrics-gynecology/teen-pregnancy](http://www.barnesjewish.org/obstetrics-gynecology/teen-pregnancy)
  - d. Extra information: Does not accept private insurance; takes Medicaid and sometimes sliding-scale; takes teens 17 and younger
- 2. Thrive**
  - a. Business Line: (314) 773-4626 or text FREETEST to 25827

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- b. St. Louis Location: 4331 Lindell Blvd. St. Louis, MO 63108
  - c. Bridgeton Location: 11977 St. Charles Rock Rd. Suite 132 Bridgeton, MO 63044
  - d. Website and Email: [www.thrivestlouis.org/index.php](http://www.thrivestlouis.org/index.php); [info@thrivestlouis.org](mailto:info@thrivestlouis.org)
  - e. Hours: M-W, 9:15am-5pm; Th, 10am-5pm; S, 9:15am-1pm
- 3. Planned Parenthood**
- a. Website: [www.plannedparenthood.org](http://www.plannedparenthood.org) to find locations, phone numbers and services
- 4. Grace Hill**
- a. Business Line: (314) 814-8700
  - b. Location: 2220 Lemp St. Louis, MO 63104
  - c. Website: [www.gracehill.org](http://www.gracehill.org)
  - d. Extra Information: Sliding scale offered, some insurances accepted, Medicaid/Medicare accepted
- 5. Stepping Stones to Success Inc.**
- a. Business Line: (314) 995-2082
  - b. Location: 11220 W. Florissant #232 Florissant, MO 63033
- 6. Victorian House of Agape**
- a. Business Line: (314) 335-0805
  - b. Location: 63032 (call for information)
- 7. Hope Clinic for Women**
- a. Business Line: (618) 451-5722
  - b. Location: 1602 21<sup>st</sup> St. Granite City, IL 62040
  - c. Website and Email: [www.hopeclinic.com](http://www.hopeclinic.com); [askhope@hopeclinic.com](mailto:askhope@hopeclinic.com)
  - d. Hours: M-F, 10am-3pm; S 8am-1pm

## COVID-19

### National Resources

- 1. Center for Disease and Control**
  - a. Website: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- 2. World Health Organization**
  - a. Website: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

### Local Resources

- 3. Ameren Relief Program**
  - a. Website <https://uwgsl.tfaforms.net/4602908>
- 4. Spectrum** (Free internet for 60 days for families with children K-12, college students, and graduate students who do NOT already have a spectrum broadband subscription)

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- a. Website: [www.spectrum.net](http://www.spectrum.net)

### 5. St. Luke Hospital Drive Through Testing

- a. Website: <https://www.stlukes-stl.com/News-Releases/2020/St-Lukes-to-Open-Drive-Through-COVID-19-Testing-Site/index.html>
- b. Phone: 314-966-9107 (call before arrival)

### 6. Mercy Hospital Drive Through Testing

- a. Website: <https://www.mercy.net/newsroom/2020-03-20/mercy-to-open-three-additional-covid-19-test-collection-sites/>
- b. Phone: 314-251-0500 (call before arrival)

### 7. St. Louis County COVID Updates

- a. Website: <https://www.stlouisco.com/Your-Government/County-Executive/COVID-19>

### 8. Scholastic Learn at Home (PreK – 9<sup>th</sup> Grade)

- a. Website: <https://classroommagazines.scholastic.com/support/learnathome.html>

### 9. St. Louis Area FoodBank

- a. Website: <https://stlfoodbank.org/covid19/>
- b. Phone: 314-292-5398
- c. Email: [dmay@stlfoodbank.org](mailto:dmay@stlfoodbank.org)

### 10. Saint Louis Public Schools Free Meal Plan (Now – April 3<sup>rd</sup> tentatively)

- a. Website: <https://www.slps.org/meals>
- b. Phone: 314-2313720

### 11. Stray Rescue Pet Food Pantry

- a. Website: <https://www.strayrescue.org/coronavirus>
- b. Phone: 314-771-6121

## Resources For St. Louis Area

### **Other**

**If you do not see a resource for your needs please try one of the following**

**1. United Way**

- a. Phone: 211 from your cell phone
- b. Extra Information: The United Way will be able to provide a multitude of resources for any need or concern. The United Way has resources for the entire country

**2. Life Crisis Services**

- a. Hotline: (314) 647-4357
- b. Extra Information: Life Crisis Services is primarily a crisis and suicide hotline, but will be happy to provide anyone with whatever type of resource is needed. LCS can also provide you with the number for your local ACI in case your location is in a more remote area of the state.