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VCU Site Contact Info
Phone: 804-828-4085
Text: 804-537-0678
E-mail: abcd@vcuhealth.org
Website: abcdstudy.org
Emergency Hotlines

National Suicide Prevention Lifeline
Website: www.suicidepreventionlifeline.org
Phone (24/7): 1-800-273-8255

Alcoholics Anonymous 24-Hour Helpline
Website: www.aarichmond.org
Phone (24/7): 804-355-1212

YWCA Domestic Violence Crisis Hotline
Website: www.ywcarichmond.org
Phone (24/7): 804-612-6126

National LGBTQ+ Lifeline (Trevor Lifeline)
Website: www.thetrevorproject.org
Phone (24/7): 1-866-488-7386
Text: send “START” to 678678

United We Dream: Immigrant Hotline
Website: https://unitedwedream.org/about
Phone (24/7): 1-844-363-1423
COVID-19 Specific Resources

National Resources
Centers for Disease Control and Prevention
Website: https://www.cdc.gov/cdc-info/index.html
Phone: 800-232-4636

World Health Organization
Website: https://www.who.int/emergencies/diseases/novel-coronavirus-2019

Richmond & Virginia Resources
Virginia Department of Health
Phone (for general COVID-19 questions): 800-533-4148

Bon Secours
Website: https://blog.bonsecours.com/tag/coronavirus-covid-19/?__ga=2.10113525.1719546681.1585173161-1087844170.1585173161

VCU Health
Phone: 804-628-7425
Website: https://www.vcuhealth.org/

Common Help
Website: http://www.co.richmond.va.us/departments/socialservices/benefits-programs/common-help
Richmond & Virginia Resources Continued

Virginia Department of Social Services
Includes child care, assisted living, unemployment, and food resources.
Website: https://www.dss.virginia.gov/geninfo/corona.cgi
Phone: 211

Feed More
Website: https://feedmore.org/how-we-help/hunger-hotline/
Phone: 804-521-2500
Location: 1415 Rhoadmiller Street, Richmond VA 23220

VA Employment Commission
Website: http://www.vec.virginia.gov/covid19

Richmond Area Schools
Includes meal distribution sites, at home learning resources and FAQ.
Richmond Public Schools
Website: https://www.rvaschools.net/site/Default.aspx?Page ID=7342

Henrico Public Schools
Website: https://henricoschools.us/covid19/

Chesterfield County Public Schools
Website: https://mychesterfieldschools.com/coronavirusinformation/

VA Department of Education
Includes meal distribution sites, at home learning resources and FAQ.
North Carolina Resources

Division of Child Development and Early Education
Website: https://ncchildcare.ncdhhs.gov/WhatsNew/Coronavirus-Information-for-Child-Care

North Carolina Department of Public Instruction
Includes information about online learning, internet, and school meals.
Website: https://www.dpi.nc.gov/news/covid-19-response-resources

North Carolina Department of Commerce: Employment Security
Information about unemployment
Website: https://des.nc.gov/need-help/covid19-information

Maryland Resources

Maryland Department of Education
Includes information about child care, school meals, and digital learning.
Website: http://marylandpublicschools.org/Pages/default.aspx

Maryland Department of Labor
Includes information about unemployment
Website: https://www.dllr.state.md.us/employment/unemployment.shtml

Maryland Department of Health
Includes information about FAQ.
Website: https://coronavirus.maryland.gov/
West Virginia Resources
Department of Health and Human Resources
Website: https://dhhr.wv.gov/COVID-19/Pages/default.aspx
Hotline: 1-800-887-4304
Workforce Website: workforcewv.org

WV Department of Public Education
Instruction Includes information about school meals.
Website: https://wvde.us/covid19/
Richmond Resources

Mental Health Services
Richmond Behavioral Health Authority
Website: www.rbha.org
Phone (8:00am-5:00pm): 804-819-4000
Crisis Services (24/7): 804-819-4100

Health Brigade
Website: www.healthbrigade.org
Phone (Monday – Thursday 9:00am-12:00pm & 1:00pm-5:00pm): 804-358-6343
Location: 1010 North Thompson Street Richmond, VA

Commonwealth Catholic Charities – Richmond
Website: www.cccofva.org
Phone: 804-285-5900
Email: agency@cccofva.org
Location: 1601 Rolling Hills Drive Richmond, VA

Jewish Family Services
Website: www.jfsrichmond.org
Phone: 804-282-5644 X 239
Location: 6718 Patterson Avenue Richmond, VA
Richmond Resources Continued

Housing Services

Commonwealth Catholic Charities – Richmond
Website: www.cccofva.org
Phone: 804-285-5900
Email: agency@cccofva.org
Location: 1601 Rolling Hills Drive Richmond, VA

Neighborhood Housing Services of Richmond, Inc.
Website: http://www.nhsofr.org
Phone: 804-329-2500
Location: 2712 Chamberlayne Ave. Richmond, VA 23222

Housing Families First
Website: www.housingfamiliesfirst.org
Phone: 804-236-5800
Email: terri@housingfamiliesfirst.org
Location: 3900 Nine Mile Road, Henrico, VA 23223

Richmond Redevelopment & Housing Authority
Website: https://www.rrha.com/public-housing/
Phone: (804) 780-4200 Dial 711
Email: info@rrha.com
Location: 901 Chamberlayne Parkway Richmond, VA 23220
Richmond Resources Continued

LGBTQ+ Resources

**Diversity Richmond**
Website: http://diversityrichmond.org/
Phone: 804-622-4646
Email: bill.harrison@diversityrichmond.org
Location: 1407 Sherwood Ave. Richmond, VA 23220

**James River Transgender Society**
Website: www.jrts.org
Phone: 804-404-2425
Location: 1407 Sherwood Ave. Richmond, VA 23220

**Parents, Families and Friends of Lesbians and Gays (PFLAG)**
Website: www.pflagofrichmond.org
Phone: 804-751-5167
Email: pflagreichmondcoordinator@comcast.net
Location: 2311 Westwood Ave. Richmond, VA 23230

**Side By Side**
Website: www.sidebyside.org
Phone: 804-644-4800
Youth Support Hotline: 888-644-4390
Email: info@sidebysideva.org
Location: 2311 Westwood Ave. Richmond, VA 23230
Northern, VA
Fairfax-Falls Church Community Services
Website: https://www.fairfaxcounty.gov/community-services-board/publications/community-resources-list
Phone: 703-324-7000
Location: 12011 Government Center Parkway, Suite 836, Fairfax, Virginia 22035

Hampton, VA
Hampton VA Medical Center
Website: http://www.hampton.va.gov/
Phone: 757-722-9961
Location: 100 Emancipation Dr, Hampton, VA 23667

Suicide Prevention Coordinators
Email: VHASPCVA-590HAMSuicidePreventionTeam@va.gov
Phone: 757-722-9961 x3355

Salem, VA
Salem VA Medical Center
Website: https://www.salem.va.gov/
Phone: 540-982-2463
Location: 1970 Roanoke Blvd, Salem, VA 24153

Veterans Crisis Line
Phone: 1-800-273-8255 (Press 1)
Addiction Treatment
Stepping Stones Community Resources Inc.
Website: https://steppingstonescri.net/
Phone: 919-269-9300
Location: 3904 Airport Dr, Wilson, NC 27896

Childcare/Youth Services
NC Childcare Network
Website: www.ncchildcare.net
Phone: 800-859-0829
Location: 319 Chapanoke Rd, Suite 120, Raleigh, NC 27603

Clothing
Catholic Parish Outreach
Website: www.cporaleigh.org
Phone: 704-282-1297
Location: 2013 N. Raleigh Blvd., Raleigh, NC 27604

Dress for Success
Website: www.trianglenc.dressforsuccess.org
Phone: 919-286-2128
Location: 1812 Tillery Pl Suite 105, Raleigh, NC 27604
North Carolina Resources
Continued

Financial and Food
Wake County Human Services
Website: www.wakegov.com/humanservices
Phone: 919-212-7000
Location: 220 Swinburne Rd., Raleigh, NC 27610

Handicapped/Disabled Services
Vocational Rehabilitation
Website: www.ncdhhs.gov/division/dvrs
Phone: 919-859-8301
Maryland Resources

Community Services Locator
Website: https://211md.org/

Baltimore County Government Services
Website: www.baltimorecountymd.gov
Phone: 410-887-2594
DC Community Resources
Website: https://dhcf.dc.gov/page/dc-community-resources

Capital Area Food Bank
'Still operating during COVID-19 Pandemic'
Website: https://www.capitalareafoodbank.org/
Phone: 202-644-9800
Location: 4900 Puerto Rico Ave NE, Washington, DC 20017
Hours: Monday-Friday 8:30am-5:00pm