

ABCD SALT LAKE CITY LOCAL RESOURCES

Mental Health Resources:

University Neuropsychiatric Institute (UNI)

501 Chipeta Way
Salt Lake City, UT 84108
(801) 583-2500
<http://healthcare.utah.edu/uni/>

UNI Crisis Line & Mobile Crisis Unit

801-587-3000

UNI Warmline for Support

801-587-1055

University Neuropsychiatric Institute Adult Behavioral Clinic

525 E. 100 S. #5000
Salt Lake City, UT 84102
(801) 585-1212
<http://healthcare.utah.edu/uni/child-adolescent-services/behavioral-health-clinic.php>

Fourth Street Clinic

409 West 400 South
Salt Lake City, UT 84101
(801) 364-0058
www.fourthstreetclinic.org

Valley Behavioral Health (formerly known as Valley Mental Health)

5965 South 900 East
Salt Lake City, UT 84121
<https://www.valleycares.com/>
Salt Lake: 1-888-949-4864
Tooele: 1-435-843-3520
Summit: 1-435-649-8347

Valley Behavioral Health 24-Hour Crisis Line

Salt Lake: (801) 587-3000
Tooele: (435) 843-5600
Summit: (435) 649-8347

Urban Indian Center of Salt Lake

120 West 1300 South
Salt Lake City, UT 84115 (801) 486-4877
www.uicsl.org

University of Utah Counseling Center

Student Services Building
201 South 1460 East, Room 426
Salt Lake City, UT 84112
(801) 581-6826
<https://counselingcenter.utah.edu/>

University of Utah Center for Student Wellness

Eccles Student Life Center
1836 Student Life Way, Suite 2100
Salt Lake City, UT 84112
(801) 581-7776
<https://wellness.utah.edu/>

Salt Lake County Health Department

Family Health
2001 South State Street, Suite 3800
Salt Lake City, Utah 84190-2150
(385) 468-4084
www.slcohealth.org

Utah Department of Health

Cannon Health Building
288 North 1460 West
Salt Lake City, UT 84116
<https://health.utah.gov/>

Association for Utah Community Health

860 East 4500 South, Suite 206
Salt Lake City, UT 84107
(801) 974-5522
www.auch.org

Suicide Prevention:**National Alliance on Mental Illness**

1600 West 2200 South, Suite 202
West Valley City, UT 84119
(801) 323-9900 or (877) 230-6264
<https://www.namiut.org/>

HOPE4UTAH

5455 North River Run Drive
Provo, UT 84604
(801) 342-3444
www.hope4utah.com

Utah Suicide Hotline

1-800-273-TALK (8255) (24hr Hotline)

Utah Suicide Prevention Coalition

www.utahsuicideprevention.org

Substance Abuse Resources:**Utah Support Advocates for Recovery Awareness (USARA)**

180 East 2100 South, Suite 100
Salt Lake City, UT 84115
(385) 210-0320
info@myusara.com
www.myusara.com

Utah Division of Substance Abuse & Mental Health

195 North 1950 West
Salt Lake City, UT 84116
(801) 538-3939
dsamh@utah.gov
<https://dsamh.utah.gov/>

Salt Lake County Youth Services

177 West Price Avenue (3610 S)
Salt Lake City, UT 84115
(385) 468-4500
www.slco.org/youth

University of Utah Assessment and Referral Services (ARS)

450 S 900 E, Suite 300
Salt Lake City, Utah 84102
(801) 587-2770
<https://medicine.utah.edu/psychiatry/assessment-referral-services/>

University Neuropsychiatric Institute Addiction Recovery Services

501 Chipeta Way

Salt Lake City, UT 84108

Main: (801) 583-2500

Outpatient Program: (801) 587-3235

Recovery Clinic: (801) 585-1575

<http://healthcare.utah.edu/uni/clinical-services/addiction-recovery-services.php>

Other Family & Youth Community Resources:**Children's Justice Center****Avenues Center**

257 11th Ave & B Street

Salt Lake City, UT 84103

(385) 468-4560

South Valley Center

8282 S 2200 W

West Jordan, UT 84088

(385) 468-4580

www.cjclsc.org

Violence & Injury Prevention Program

Cannon Health Building

288 North 1460 West

Salt Lake City, UT 84116

(801) 538-6864

vipp@utah.gov

www.health.utah.gov/vipp/

Utah Parent Center

230 West 200 South, Suite 1101

Salt Lake City, UT 84101

(801) 272-1051

Toll-Free in Utah: 1-800-468-1160

En Español: (801) 272-1067

www.utahparentcenter.org

Utah State Office of Education

250 East 500 South

Salt Lake City, UT 84111-3204

(801) 538-7500

www.schools.utah.gov

Utah Pride Center

1380 S. Main St
Salt Lake City, UT 84115
(801) 539-8800
info@utahpridecenter.org
www.utahpridecenter.org

Ogden Pride Center

P.O. Box 13353
Ogden, UT 84412
(801) 917-4588
info@ogdenpride.org
<http://www.ogdenpride.org/>

Encircle: LGBTQ+ Family & Youth Resource Center

Provo Center
91 W 200 S
Provo, UT 84601
Salt Lake City Center
331 S 600 E
Salt Lake City, UT 84102
info@encirletogether.org
<https://encirletogether.org>

The Trevor Project Lifeline

1-866-488-7386 (24/7 Hotline)
<https://www.thetrevorproject.org>

Matthew Shepard Foundation

<https://www.matthewshepard.org/>

Volunteers of America Utah

435 West Bearcat Drive,
Salt Lake City, UT 84115
(801) 363-9414
www.voaut.org

Continue Mission

Veteran Services
1002 West 900 South
Woods Cross, UT 84087
(801) 560-9889
www.continuemission.org

Utah Department of Veterans and Military Affairs

550 Foothill Drive, Suite 105

Salt Lake City, UT 84113

(801) 326-2372

veterans@utah.gov

<https://veterans.utah.gov/>

ABCD UTAH COUNTY LOCAL RESOURCES**Wasatch Mental Health (WMH)**

Westpark Family Clinic and WMH Administration

750 N. Freedom Blvd. Provo, UT 84601

801) 373-4760

24-hour Crisis Line: (801) 373-7393

Wasatch County Family Clinic

55 S. 500 E.

Heber, UT 84032

(435) 654-3003

24-Hour Crisis Line: (801) 318-4016

<http://www.wasatch.org/blog/>

Provo Family Clinic

1165 E. 300 N. Provo, UT 84606

(801) 377-1213

<http://www.wasatch.org/blog/adult-services/provo-family-clinic/>

HOPE4UTAH

5455 North River Run Drive

Provo, UT 84604

(801) 342-3444

www.hope4utah.com

LDS Family Services

<https://providentliving.lds.org>

Provo

1190 900 E

Provo, UT 84604

(801) 422-7620

Springville

1672 W 700 S St.

Springville, UT 84663

(801) 489-9721

LDS Family Services

American Fork

433 S 500 E

American Fork, UT 84003

(801) 216-8000

Family Support and Treatment Center

Joy A. O'Banion Building

1255 North 1200 West

Orem, UT 84057

(801) 229-1181

info@utahvalleyfamilysupport.org

<http://www.utahvalleyfamilysupport.org/>

BYU Comprehensive Clinic

The John Taylor Building (TLRB)

1190 North 900 East

Provo, UT 84602

(801) 422-7759

<https://comprehensiveclinic.byu.edu/>

Intermountain Healthcare Behavioral Health Services

Utah Valley Clinic Psychiatry and Counseling

395 Bulldog Blvd

Provo, UT 84604

(801) 357-7525

Utah Valley Hospital Inpatient Psychiatry

1034 N 500 W

Provo, UT 84604

(801) 357-7376

RECURSOS PARA LA COMUNIDAD HISPANA (HISPANIC COMMUNITY SERVICES)**Catholic Community Services of Utah**

745 East 300 South

Salt Lake City, Utah 84102

(801) 977-9119

<https://www.ccsutah.org/>

Trabaja en ayudar a las personas necesitadas a lo largo del Frente Wasatch para alcanzar la autosuficiencia sin importar la raza, religión o circunstancia personal

Works to empower people in need along the Wasatch Front to reach self-sufficiency regardless of race, religion or personal circumstance.

Centro Hispano

Provo Headquarters:

817 S. Freedom Blvd

Provo, UT 84601

(801) 655-0258

Salt Lake City:

4055 S 700 E #200

Salt Lake City, UT 84107

(801) 655-0258

Logan and Ogden:

(801) 655-0258

<http://www.centrohispanouc.org/about-us/>

Ofrecemos servicios tales como consultas sin cita previa para obtener información y referencias, clases gratuitas de educación para adultos, evaluaciones legales, asistencia al contribuyente de bajos ingresos y actividades de promoción de la salud y bienestar. También organizamos eventos comunitarios anuales que promueven el entendimiento intercultural. Algunos de nuestros servicios también se dirigen a personas de bajos ingresos y de riesgo de toda la comunidad.

We offer services such as walk-in consultations for information and referrals, free adult education classes, legal assessments, low-income tax payer assistance, and health promotion and wellness activities. We also host annual community events that promote cross-cultural understanding. Some of our services also serve targeted at -risk low-income people of the entire community.

LATINO BEHAVIORAL HEALTH SERVICES (LBHS)

3471 S West Temple

Salt Lake City, Utah

(801) 935-4447

<http://www.latinobehavioral.org/>

Es una organización de base sin fines de lucro creada para minimizar las disparidades en el acceso a los servicios de salud mental entre la población latina subatendida de Utah. Existen servicios de salud del comportamiento para mejorar la concienciación sobre la salud mental y el bienestar de las personas con enfermedades mentales.

LBHS is a nonprofit, grassroots organization created to minimize the disparities in access to mental health services among the underserved Latino population of Utah. As a peer run organization, Latino Behavioral Health Services exists to enhance the mental health awareness and well-being of people with mental illness, their care-givers and loved ones through support, education, empowerment, facilitation of resources and services with competent responsiveness to cultural, socio-economic and linguistics characteristics.

Alliance Community Services (ACS)

5282 South Commerce Drive, Suite D-232
Salt Lake City, Utah 84107
801-265-1111
info@Alliance-community.org
<https://www.alliance-community.org/about-us>

Alliance Community Services (ACS) es una organización sin fines de lucro que brinda servicios comunitarios y promueve la conciencia cultural, la promoción y la comunicación sobre temas que afectan a las comunidades marginadas. Fundada en 2002, Alliance Community Services es un líder en ayudar a la comunidad hispana.

Alliance Community Services is a 501-c-3 non-profit organization that provides community services and promotes cultural awareness, advocacy and communication about issues that affect the underserved communities. Founded in 2002, Alliance Community Services is a leader in reaching the Hispanic community.

Holy Cross Ministries

860 East 4500 South, Suite 204
Salt Lake City, UT 84107
801-261-3440
Office Hours: Monday - Friday: 9:00AM - 5:00 PM; Closed Saturdays and Sundays. *Please note that the Legal Immigration Program closes at 12:00 PM on Fridays.
<https://hcmutah.org/>

Holy Cross Ministries se dedica a ayudar a las familias inmigrantes a participar en la comunidad y obtener autosuficiencia. Reconociendo que hay recursos limitados y accesibles para familias de bajos ingresos en Utah, el Programa de Inmigración Legal opera el primer y mayor programa de Visa U de Utah para víctimas de delitos y ha ayudado a más de 10,000 hombres, mujeres y niños a obtener algún tipo de estatus legal desde su apertura en 2000.

Holy Cross Ministries is dedicated to helping immigrant families participate in the community and gain self-sufficiency. Recognizing that there are limited accessible resources for low-income families in Utah, The Legal Immigration Program operates Utah's first and largest U-Visa program for victims of crime and has helped over 10,000 men, women and children gain some type of legal status since opening in 2000.

New Americans Hotline (Línea Directa para Nuevos Americanos)

<https://www.newamericans.ny.gov/Hotline/hotline.html>

1-800-566-7636

Hotline Hours: 9AM to 8PM (ET)/7AM – 6PM (Local Time)

The New Americans hotline is a toll-free, multi-lingual hotline. The hotline provides live assistance in more than 200 languages. Anyone can call the hotline for information and referrals, regardless of citizenship or documented status. Calls to the hotline are confidential and anonymous.

Through the hotline, you can:

- Ask general immigration and naturalization questions
- Obtain referrals to immigrant-related public and private programs
- Find out information about the ONA Opportunity Centers
- Report immigration assistance fraud and schemes against immigrants

La línea directa de New Americans es una línea directa multilingüe y gratuita. La línea directa brinda asistencia en vivo en más de 200 idiomas. Cualquier persona puede llamar a la línea directa para obtener información y referencias, independientemente de su ciudadanía o estado documentado. Las llamadas a la línea directa son confidenciales y anónimas. La línea directa opera de 9 a.m. a 8 p.m. (ET), de lunes a viernes (excluyendo feriados federales) y es administrada por Catholic Charities Community Services.

A través de la línea directa, puede:

- Hacer preguntas generales de inmigración y naturalización.
- Obtener referencias para programas públicos y privados relacionados con inmigrantes.
- Obtenga información sobre los Centros de Oportunidades de ONA
- Reportar fraudes de asistencia de inmigración y planes contra inmigrantes