

COVID-19 Information and Utah Community Resource List

Information on COVID-19

Centers for Disease Control – COVID-19 Information

Main Page: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Spanish: <https://www.cdc.gov/coronavirus/2019-ncov/index-sp.html>

World Health Organization – COVID-19 Information

Main Page: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

Spanish: <https://www.who.int/es/emergencies/diseases/novel-coronavirus-2019>

Utah COVID-19 Information

<https://coronavirus.utah.gov/>

Healthcare Facilities and Resources

University of Utah Hospital – COVID-19 Information

<https://healthcare.utah.edu/coronavirus/>

Hotline Number: 801-587-0712 or toll free at 844-745-9325

Intermountain Health Care – COVID-19 Information

Hotline Number: 844-501-6600

Main Page: <https://intermountainhealthcare.org/covid19-coronavirus/>

IHC Online COVID-19 Symptom Checker:

<https://intermountainhealthcare.org/covid19-coronavirus/covid19-symptom-checker/>

MountainStar Healthcare – COVID-19 Information

<https://stmarkshospital.com/covid-19/index.dot>

Jordan Valley Medical Center (Steward Health Care Facilities)

<https://www.jordanvalleymc.org/>

Association for Utah Community Health

<https://www.auch.org/>

Phone: 801-974-5522

List of statewide community health centers that provide no or low-cost health services.

CDC – Managing Anxiety & Stress

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>

Spanish: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety-sp.html>

Utah Suicide Hotline

1-800-273-TALK (8255) (24hr Hotline)

UNI Crisis Line & Mobile Crisis Unit

801-587-3000

UNI Warmline for Support

801-587-1055

Utah Domestic Violence Coalition

<https://www.udvc.org/>

Hotline: 1-800-897-LINK (5465)

Utah YWCA

<https://www.ywcautah.org/>

24 Hour Crisis Line: 801-537-8600

Community Resources

COVID Mutual Aid

Main Page: <https://www.covid19mutualaidslc.com/>

Resource Page:

https://docs.google.com/document/d/1j1v0KuTC_tSU511jluzJpiSs_3K7QzsLfuR4Te_YPUo/edit

COVID Mutual Aid keeps an updated list of many state and community resources for: healthcare and COVID-19 testing, food access, government assistance programs, those who have lost their jobs, and more.

Utah Food Bank

<https://www.utahfoodbank.org/>

Phone: 801-978-2452

Pantries are located throughout the state. You can look up your closest pantry here:

<https://www.utahfoodbank.org/find-a-pantry/>

Utahns Against Hunger

Main Page: <https://www.uah.org/>

COVID-19 Specific Info:

<https://www.uah.org/news/item/133-food-access-info-during-covid-19-response>

Phone: 801-328-2561

UAH provides resources on where to obtain food in Utah, as well as resources for applying for food assistance programs (SNAP, WIC, etc.).

United Way of Utah

<https://211utah.org/>

Spanish: <https://uw.org/211/recursos-en-espanol/>

Phone: Dial 2-1-1

The United Way of Utah connects people with health and human resources. They can connect you to housing & utility assistance; food access; employment; medical and mental health providers; domestic violence support and more.

Utah Department of Workforce Services

<https://jobs.utah.gov/>

COVID-19 and Unemployment Benefits: <https://jobs.utah.gov/covid19/uifaqemployees.pdf>