

ABCD Study – University of Pittsburgh

Thank you for your participation in the ABCD Study! Here is some information that we give to everyone in our research studies. If you or someone you know is having a problem with alcohol, drugs, or emotional concerns, help is available!

Crisis Texting Help Line: 741-741

Did you know that if you text **HOME** to **741741** if you are feeling depressed or suicidal, a trained specialist will reply & continue to text until you are okay? This is a **FREE** service available in the U.S. **24 hours a day, 7 days a week!**

National Suicide Prevention Lifeline

800-273-TALK(8255), 24/7

<https://suicidepreventionlifeline.org/>

IMAlive

www.imalive.org, online 24/7

Chat with a trained volunteer if you are in crisis, or suicidal

Pennsylvania 211

Dial 211 or 1-888-553-5778 – or – text your zip code to 898-211 for help with everyday needs and crisis situations

- 911
- Dial 911 in case of emergency (medical, police, fire)

EMERGENCY/HELPLINES

WPIC-Emergency Room- (412) 624-2000

MERCY BEHAVIORAL HEALTH: 1-877-637-2924

ANSWERS 24/7. Crisis Intervention, Crisis Stabilization, Central Recovery Center; Mental Health/Drug & Alcohol). INCLUDES WALK-IN SERVICES AT SOUTH SIDE LOCATION-24/7-264 SOUTH 9TH ST.

RESOLVE Crisis Network: 1-888-7-YOU-CAN (1-888-796-8226). Round-the-clock telephone crisis intervention and mobile behavioral health crisis intervention services are available for all Allegheny County residents – children, adolescents, adults and older adults. Insurance coverage is NOT required.

Child Protective Services 24-hour hotline 800-932-0313

WOMEN'S CENTER AND SHELTER 24-hour hotlines
412-687-8005; 1-877-338-8255

PITTSBURGH ACTION AGAINST RAPE

www.paar.net/ (866) 363-7273 (1-866-END-RAPE) Crisis intervention, counseling, and advocacy for victims of sexual violence.

DRUG and ALCOHOL / MENTAL HEALTH SERVICES**WESTERN PSYCHIATRIC INSTITUTE AND CLINIC** (412) 624-1000

Outpatient, intensive outpatient, partial hospitalization

MERCY BEHAVIORAL HEALTH (412) 488-4040

www.mercybehavioral.org Outpatient, intensive outpatient, partial hospitalization

GREENBRIAR TREATMENT CENTER

www.greenbriar.net (800)637-4673

Partial hospitalization, intensive outpatient, residential, detox, halfway houses

GATEWAY REHABILITATION CENTER

www.gatewayrehab.org (800) 472-1177

Partial hospitalization, outpatient, intensive outpatient, residential

OUTPATIENT TREATMENT; SOCIAL SERVICES; OTHER**UPMC: CENTER FOR PSYCHIATRIC AND CHEMICAL DEPENDENCY SERVICES (CPCDS):**

ADULT Program: 1-877-624-4100 (TOLL FREE)

ADOLESCENT Program: 412-246-5910

STAR (OUTPATIENT-Services to Teens at Risk)- (412) 246-5619

Allegheny County Mental Health Services (Non-emergency and behavioral health questions): 412-350-4456

Allegheny County Mental Health Warmline: 1-866-661-WARM (9276) 10am – Midnight daily

Community Care Behavioral Health (HealthChoices): Members and other Allegheny County residents who are uninsured or under insured: 1-800-553-7499

MERCY BEHAVIORAL HEALTH -- (412) 637-2924 www.mercybehavioral.org

WESLEY FAMILY SERVICES www.wfspa.org

Crisis line: 724-335-9983 or 724-226-0664

PLANNED PARENTHOOD OF WESTERN PENNSYLVANIA 1-800-230-PLAN (7526)

www.plannedparenthood.org

CATHOLIC CHARITIES Main #: 412-456-6999

www.ccpgh.org

CENTER FOR VICTIMS OF VIOLENCT CRIMES: 412-392-8582

www.centerforvictims.org/

URSULINE SUPPORT SERVICES (Good Grief Center) 412-224-4700
<http://ursulinesupportservices.org/>

ALLEGHENY COUNTY HEALTH DEPARTMENT 412-687-ACHD (2243)
3341 Forbes Avenue (Oakland)

SALVATION ARMY of Western PA Main #: 412-446-1500

PERSAD CENTER, INC.

www.persadcenter.org 1-888-873-7723 Population served: Gay, lesbian, bisexual, transgender persons.

Food Bank (Pittsburgh area) 412-325-0749
www.pittsburghfoodbank.org

United Way of Southwest PA In a food emergency? Call 412-261-6010

Community Human Services (CHS): Homeless assistance; healthcare; youth programs; family assistance in the South Oakland/Pittsburgh area

www.chscorp.org
412.246.1600

Centers for Disease Control and Prevention (CDC): For the latest health information, such as information on the COVID-19 Pandemic

www.CDC.gov

Self- Help / Support Groups

ALCOHOLICS ANONYMOUS www.pghaa.org (412) 471-7472

NARCOTICS ANONYMOUS <https://www.na.org/> (888) 251-2426

AL-ANON / ALATEEN www.pa-al-anon.org (888)425-2666