Thank you for your participation in the ABCD Study! Here is some information that we give to everyone in our research studies. If you or someone you know is having a problem with alcohol, drugs, or emotional concerns, help is available!

Crisis Texting Help Line: 741-741
Did you know that if you text HOME to 741741 if you are feeling depressed or suicidal, a trained specialist will reply & continue to text until you are okay? This is a FREE service available in the U.S. 24 hours a day, 7 days a week!

National Suicide Prevention Lifeline
800-273-TALK (8255), 24/7
https://suicidepreventionlifeline.org/

IMAlive
www.imalive.org, online 24/7
Chat with a trained volunteer if you are in crisis, or suicidal

Pennsylvania 211
Dial 211 or 1-888-553-5778 – or – text your zip code to 898-211 for help with everyday needs and crisis situations

- 911
- Dial 911 in case of emergency (medical, police, fire)

**EMERGENCY/HELPLINES**

WPIC-Emergency Room- (412) 624-2000

**MERCY BEHAVIORAL HEALTH:** 1-877-637-2924
**ANSWERS 24/7.** Crisis Intervention, Crisis Stabilization, Central Recovery Center; Mental Health/Drug & Alcohol). INCLUDES WALK-IN SERVICES AT SOUTH SIDE LOCATION-24/7-264 SOUTH 9TH ST.

RESOLVE Crisis Network: 1-888-7-YOU-CAN (1-888-796-8226). Round-the-clock telephone crisis intervention and mobile behavioral health crisis intervention services are available for all Allegheny County residents – children, adolescents, adults and older adults. Insurance coverage is NOT required.

Child Protective Services 24-hour hotline 800-932-0313

**WOMEN’S CENTER AND SHELTER** 24-hour hotlines
412-687-8005; 1-877-338-8255
PITTSBURGH ACTION AGAINST RAPE  

DRUG and ALCOHOL / MENTAL HEALTH SERVICES

WESTERN PSYCHIATRIC INSTITUTE AND CLINIC (412) 624-1000  
Outpatient, intensive outpatient, partial hospitalization

MERCY BEHAVIORAL HEALTH (412) 488-4040  
www.mercybehavioral.org  Outpatient, intensive outpatient, partial hospitalization

GREENBRIAR TREATMENT CENTER  
www.greenbriar.net (800)637-4673  
Partial hospitalization, intensive outpatient, residential, detox, halfway houses

GATEWAY REHABILITATION CENTER  
www.gatewayrehab.org (800) 472-1177  
Partial hospitalization, outpatient, intensive outpatient, residential

OUTPATIENT TREATMENT; SOCIAL SERVICES; OTHER

UPMC: CENTER FOR PSYCHIATRIC AND CHEMICAL DEPENDENCY SERVICES (CPCDS):  
ADULT Program: 1-877-624-4100 (TOLL FREE)  
ADOLESCENT Program: 412-246-5910

STAR (OUTPATIENT-Services to Teens at Risk)- (412) 246-5619

Allegheny County Mental Health Services (Non-emergency and behavioral health questions): 412-350-4456

Allegheny County Mental Health Warmline: 1-866-661-WARM (9276) 10am – Midnight daily

Community Care Behavioral Health (HealthChoices): Members and other Allegheny County residents who are uninsured or under insured: 1-800-553-7499

MERCY BEHAVIORAL HEALTH -- (412) 637-2924  www.mercybehavioral.org

WESLEY FAMILY SERVICES  www.wfspa.org  
Crisis line: 724-335-9983 or 724-226-0664

PLANNED PARENTHOOD OF WESTERN PENNSYLVANIA 1-800-230-PLAN (7526)  
www.plannedparenthood.org

CATHOLIC CHARITIES Main #: 412-456-6999  
www.ccpgh.org

CENTER FOR VICTIMS OF VIOLENT CRIMES: 412-392-8582  
www.centerforvictims.org/
URSULINE SUPPORT SERVICES (Good Grief Center) 412-224-4700
http://ursulinesupportservices.org/

ALLEGHENY COUNTY HEALTH DEPARTMENT 412-687-ACHD (2243)
3341 Forbes Avenue (Oakland)

SALVATION ARMY of Western PA Main #: 412-446-1500

PERSAD CENTER, INC.

Food Bank (Pittsburgh area) 412-325-0749
www.pittsburghfoodbank.org

United Way of Southwest PA In a food emergency? Call 412-261-6010

Community Human Services (CHS): Homeless assistance; healthcare; youth programs; family assistance in the South Oakland/Pittsburgh area
www.chscorp.org
412.246.1600

Centers for Disease Control and Prevention (CDC): For the latest health information, such as information on the COVID-19 Pandemic
www.CDC.gov

Self- Help / Support Groups

ALCOHOLICS ANONYMOUS www.pghaa.org (412) 471-7472

NARCOTICS ANONYMOUS https://www.na.org/ (888) 251-2426

AL-ANON / ALATEEN www.pa-al-anon.org (888)425-2666