



Adolescent Brain Cognitive Development®
Teen Brains. Today's Science. Brighter Future.

ABCD Study: MUSC

Thank you for your participation in the ABCD Study! Here is some information that we give to everyone in our research studies. If you or someone you know is having a problem with depression, anxiety, alcohol, drugs, or other emotional or life concerns, help is available!

You Are Not Alone:

Free and Confidential help available 24/7:



2-1-1 Helpline

Dial 211 – Visit SC211.org – Download the SC 2-1-1 App



Crisis Texting Help Line

Text **HOME** to **741741** if you are feeling depressed or suicidal



U.S. National Suicide Prevention Lifeline

1-800-273-TALK (8255) – www.suicidepreventionlifeline.org



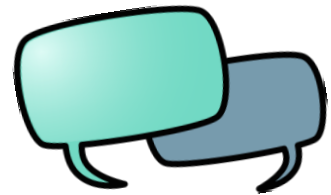
The Trevor Project for LGBTQ+ youth struggling with mental health

Text **START** to **678678** – 1-866-488-7386 – www.thetrevorproject.org



National Runaway Safeline

1-800-786-2929 – <https://www.1800runaway.org/youth-teens>



MUSC Youth Collaborative:



Offers clinical services, research opportunities, and education programs focused on preventing and addressing adolescent substance use.



Text **YOUTH** to **44332** – (843) 792-9257 – youth@musc.edu

<https://muschealth.org/medical-services/psychiatry/child/youth-collaborative>

Check out teenshealth.org/en/teens/your-mind for advice with stress, relationships, dealing with problems, and being your best self!



Scan the QR code using your phone's camera for more online youth & adolescent resources!