

Adolescent Brain Cognitive Development (ABCD) Study

PARTICIPANT INFORMATION PACKET

Thank you for participating in the ABCD study. Here is some information we give to everyone in our research studies. If you or someone you know is having a problem with alcohol, drugs, or emotional concerns, help is available. There are many places available for help; these are just a few that may help get you started. This list is for informational purposes only; FIU and the ABCD study are not affiliated with any specific agency or endorsing the services listed here. The resources below can be private or public. Some are on a sliding scale, some accept insurance, and others are free. Please call them for more information.

COVID-19 information

CDC website

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Florida Department of Health COVID site:

<https://floridahealthcovid19.gov/>

Miami-Dade County Public Schools

<http://covid19.dadeschools.net/#!/fullWidth/3024>

Feeding South Florida

<https://feedingsouthflorida.org/covid19/>

Buddy System Miami resources

<https://www.buddysystemmia.com/tools>

FIU CCF resources

<https://ccf.fiu.edu/coronavirus-resources/index.html>

National/ Florida Hotlines

Helpline, Crisis Counseling /Suicide Prevention

Dial: 2-1-1

National Suicide Prevention Lifeline

Dial: 1-800-273-TALK or 1-800-273-8255

Teen Talk Line, To Speak to a Counselor

Dial: 305-377-TALK or 305-377-8255

Children & Youth Behavioral Hotline

Dial: 305-358-HELP or 305-358-4357

Al-Anon Family Groups information

Dial: 800-344-2666

Alcohol/Drug Abuse Referral Hotline

Dial: 800-ALC-OHOL

National Institute on Drug Abuse Hotline

Dial: 800-662-HELP

Childhelp USA National Child Abuse Hotline

Dial: 800-4-A-CHILD

Dosomething.org Crisis Text Line (CTL)

Connect with a compassionate, trained listener through a texting service. CTL is available nationwide and is 24/7. Text "CTL" to 741741

Child & Family Health

Florida Department of Children and Families Substance Abuse Program Office

1317 Winewood Boulevard

Building 6, Room 334

Tallahassee, FL 32399-0700

Tallahassee Tel: 850-487-2920

Miami-Dade Tel: 305-377-5029

Center for Children and Families at FIU

11200 SW 8th Street

AHC 1 Room 140

Miami, Florida 33199

Telephone: 305.348.0477

Provides effective, low-cost clinical services for the following concerns: ADHD and disruptive behavioral problems, Anxiety, Social & developmental concerns, Depression and other mood conditions, Family stress and relationships School readiness

Jewish Community Services

JCS Access: Information & Referral Service

Dial 211

305.576.6550

www.JCSFL.org

Services Offered: Information and referral services to every caller. They maintain a comprehensive and reliable social services database of 5,000+ entries, and provide immediate tri-lingual assistance. Counseling.

Institute for Child and Family Health

North Dade Clinic

15490 NW 7th Ave, Miami, FL 33169

Tel: 305-685-0381

Referral Direct Line: 305-722-7159

Markenson Clinic

430 W 66th St, Hialeah, FL 33012

Tel: 305-558-2480

Sunset Clinic

9380 Sunset Drive

#B-120/B-250/B-165/B-230

Miami, FL 33173

Tel: 305-274-3172

Referral Direct Line: 305-722-5635

Services offered: Provides health, behavioral health, educational, and prevention services to children, adolescents, and families.

Institute for Individual and Family Counseling

University of Miami-IIFC

Max Orovitz Building

1507 Levante Ave, Suite 201

Coral Gables, FL 33146

Tel: 305-284-6949

<http://umifc.com/>

Goodman Center (Carlos Albizu University)

2173 NW 99th Ave

Miami, FL 33172

Tel: 305-592-7860

Services Offered: Neurotesting, Individual/couples/family/group therapy.

Miami Counseling Resource Center

111 Majorca Ave Suite B

Coral Gables, FL

Tel: 305-448-8325

www.miamicounseling.com

Dade Family counseling (4 locations)

1140 W 49th Place, Suite 407, Hialeah, FL 33012

Tel: 305-827-3252

8372 SW 8th St, Miami, FL 33144

Tel: 305-267-0206

3926 NW 167th St, Miami Gardens, FL 33054

Tel: 305-621-6160

330 SW. 27th Ave. Suite 407, Miami, FL 33135

Tel: 305-549-8792

Speech-Language clinics

The Alfano Center

6840 SW 40th St #211a, Miami, FL 33155

Tel: (305) 461-4702

Ambi-lingual Associates

900 W 49th St, Hialeah, FL 33012

Tel: (305) 556-0121

Children First Bilingual & Learning Center

2450 SW 137th Ave #221, Miami, FL 33175

Tel: (305) 228-4731

Speech Pathology and Education Center (SPEC)

8590 SW 40th St, Miami, FL 33154

Tel: (305) 266-5353

Speech Therapy Bio Networks

1441 SW 1st St, Miami, FL 33135

Tel: (305) 541-3400

Homework Help

Miami Dade County Library-305-375-2665

Online tutoring service-tutoring.mdpls.org

Helpful homework videos-www.khanacademy.org

Homeless and Shelter services

Miami Dade County Homeless Crisis number

Tel: (877) 994-4357, press 3

New life Transitional Housing

Hours: M-F 9am-5pm

3620 NW 1st Ave

Miami, FL 33127
Tel: 305-573-3333
newlife@ccadm.org

Camillus House-Homeless Prevention Program
1603 NW 7 Ave
Miami, FL 33136
Tel: 305-374-1065
www.camillus.org

Mental Health Services and Substance Abuse

Substance Abuse and Mental Health Services Administration
Tel: 240-276-2420
<http://www.samhsa.gov>
Find information about programs for reducing substance abuse.

Banyan Health Systems (Mental Health and Substance Abuse)
Crisis Hotline 24/7 Tel: 305-774-3616
Miami Dade Tel: 305- 774-3616
Broward Tel:305-781-4405
www.banyanhealth.org

Acceptance Counseling Services, Inc.
1385 NW 15th St, Miami, FL 33135
Tel: 305-396-6360
Service Offered: Substance Abuse (Outpatient Programs)

Adaptive Fitness Center
3372 Coral Way, Miami, FL 33145
Tel: 305-989-4260
Service Offered: Substance Abuse (Day or Night Treatment Programs, Outpatient Programs)

Advanced Mental Health Clinic
13780 SW 26th St, Suite 107
Miami, FL 33175
Tel: 305-480-7839
Service Offered: Substance Abuse (Outpatient Programs)

Abriendo Puertas, Inc.
1401 SW 1st St, #209, Miami, FL 33135
Tel: 305-649-6449
Service Offered: Substance Abuse (Prevention Programs)

<http://findtreatment.samhsa.gov/>
Free and confidential information in English and Spanish for individuals and family members facing substance abuse and mental health issues. 24 hours a day, 7 days a week.
Phone: 1-800-662-HELP (4357)

South Miami Hospital- Addiction Program
6900 SW 80th St, Miami, FL, 33143
Tel: 786-662-8118
<https://baptisthealth.net/en/facilities/south-miami-hospital/addiction-treatment-recovery-center/pages/default.aspx>

Low Cost/ Free Health Services

Camillus Health Concern
336 NW 5th St, Miami, FL 33128
Tel: 305-577-4840
www.camillushouse.org/camillus_programs/health_concern/
Services offered: Medical, dental, podiatry, and mental health services to the homeless and low-income of Miami. Pediatric eye care, immunizations and ear exams are also offered.

Miami Beach Community Health Center
710 Alton Road, Miami Beach, FL 33139
Tel: 305-538-8835
Services offered: Primary care for the low-income uninsured; hospital partnerships and referrals.

Jessie Trice Community Health Center
5361 NW 22 AVE, Liberty City, FL 33142
Tel: 305-637-6400
Services offered: Primary care, dental care, pediatrics, pharmacy, HIV/AIDS care, radiology and referrals for other services.

United Way of Miami-Dade
3250 SW 3rd Ave. Miami, FL 333129
Tel: 305-646-7000
<http://www.unitedwaymiami.org/>
Partners with local social service organizations to provide services to the community.

Borinquen Primary Health Clinic
3601 Federal Highway, Miami, Florida 33137
Tel: 305-576-6611
www.borinquenhealth.org
Services provided: Primary care, HIV/AIDS testing and case management, pediatrics, free birth control, dental care.

North Dade Health Center
16555 NW 25th Ave Miami Gardens, FL 33054
Tel: 786-466-1500
Services Provided: Primary care, pediatrics, geriatrics, women's health, family planning, dental care, eye exams, pharmacy, prenatal care and laboratory.

Community Access Program
Tel: 305-575-3703
www.accesshelps.org/index.asp
Services provided: Assist uninsured residents in obtaining a primary care physician, getting regular care, and assistance with securing insurance; run by Jackson Memorial Hospital.

St. John Bosco Clinic
730 NW 34th St, Miami, FL 33127
Tel: 305-635-1335
sjbclinic.org
Services provided: Provides free health care to the most medically indigent population in Miami-Dade County.

Haitian Neighborhood Center
www.santla.org
Tel: 305-573-4871
Services provided: provides general social

services and referrals for health care and assistance with insurance.

Helen B. Bentley Family Health Centers
3090 S Douglas Rd, Miami, Florida 33133-4311
Tel1: 305-351-1316 Tel2: 305-447-4950
helenbbentleyfamilyhealthcenter.com
Services provided: Three clinics that offer primary care, pediatrics, OB/GYN, dentistry, lab, x-ray and other services.

The Children's Trust
3150 SW 3rd Ave, Miami FL 33129
Tel: 305- 571-5700
Email: info@thechildrenstrust.org
www.thechildrenstrust.org

Health Flex Plan Program
Tel: 888-777-2555
www.americancare.com
Services provided: Jackson Memorial Hospital provides comprehensive coverage. Available to people with incomes below 200% of FPL who are not eligible for any other insurance.

Jackson Memorial Hospital
<http://www.jacksonhealth.org>
1611 NW 12th Ave Miami, FL 33136
Tel: 305-585-1111
Services provided: 24/7 Emergency, approximately 39 specialties.

Hialeah Dental Clinic
750 E 25th St, Hialeah, FL 33013
Tel: 305-694-5400
ufhealth.org/hialeah-dental-center
Services provided: UF College of Dentistry off-campus clinic; provides a wide variety of dental services to low-income children and adults.

County Health Department services
Tel: 305-324-2400
www.dadecounty.org

NIDA: National Institute on Drug Abuse

<http://www.drugabuse.gov>
Get the inside information on how different drugs can affect the brain and the body and what you can do to get involved.

NIDA for Teens: The Science Behind Drug Abuse
Find facts on drugs, videos, downloads, brain games ,& much more at <http://teens.drugabuse.gov/>

Our Contact Information:

Florida International University
Center for Children and Families
Department of Psychology
11200 SW 8th Street, AHC 1-140
Miami, Florida 33199 | Tel: 305-348-2223
Fax: 305-348-3646 | <http://ccf.fiu.edu>