Thank you for participating in the ABCD study. Here is some information we give to everyone in our research studies. If you or someone you know is having a problem with alcohol, drugs, or emotional concerns, help is available. There are many places available for help; these are just a few that may help get you started. This list is for informational purposes only; FIU and the ABCD study are not affiliated with any specific agency or endorsing the services listed here. The resources below can be private or public. Some are on a sliding scale, some accept insurance, and others are free. Please call them for more information.

**COVID-19 information**

CDC website

Florida Department of Health COVID site:
https://floridahealthcovid19.gov/

Miami-Dade County Public Schools
http://covid19.dadeschools.net/#/fullWidth/302

Feeding South Florida
https://feedingsouthflorida.org/covid19/

Buddy System Miami resources
https://www.buddysystemmia.com/tools

FIU CCF resources
https://ccf.fiu.edu/coronavirus-resources/index.html

**National/ Florida Hotlines**

Helpline, Crisis Counseling/Suicide Prevention
Dial: 2-1-1

National Suicide Prevention Lifeline
Dial: 1-800-273-TALK or 1-800-273-8255

Teen Talk Line, To Speak to a Counselor
Dial: 305-377-TALK or 305-377-8255

Children & Youth Behavioral Hotline
Dial: 305-358-HELP or 305-358-4357

Al-Anon Family Groups information
Dial: 800-344-2666

Alcohol/Drug Abuse Referral Hotline
Dial: 800-344-2666

National Institute on Drug Abuse Hotline
Dial: 800-222-1222

Childhelp USA National Child Abuse Hotline
Dial: 800-342-3725

Dosomething.org Crisis Text Line (CTL)
Dial: 800-4-A-CHILD

**Speech-Language clinics**

The Alfano Center
6840 SW 40th St #211a, Miami, FL 33155
Tel: (305) 461-4702

Ambi-lingual Associates
900 W 49th St, Hialeah, FL 30012
Tel: (305) 556-0121

Children First Bilingual & Learning Center
2450 SW 137th Ave #221, Miami, FL 33175
Tel: (305) 228-4731

Speech Pathology and Education Center (SPEC)
8590 SW 40th St, Miami, FL 33154
Tel: (305) 266-5353

Speech Therapy Bio Networks
1441 SW 1st St, Miami, FL 33135
Tel: (305) 541-3400

**Homework Help**

Miami Dade County Library-305-375-2665
Online tutoring service-tutoring.mdpls.org
Helpful homework videos-www.khanacademy.org

**Homeless and Shelter services**

Miami Dade County Homeless Crisis number
Tel: (877) 994-4357, press 3

**Centers and Support Services**

Center for Children and Families at FIU
11200 SW 8th Street
AHC 1 Room 140
Miami, Florida 33199
Telephone: 305.348.0477

Provides effective, low-cost clinical services for
the following concerns: ADHD and disruptive
behavioral problems, Anxiety, Social &
developmental concerns, Depression and other
mood conditions, Family stress and relationships
School readiness

Jewish Community Services
ICS Access: Information & Referral Service
Dial 211
305.576.6550

www.JCSFL.org

Services Offered: Information and referral
services to every caller. They maintain a
comprehensive and reliable social services
database of 5,000+ entries, and provide
immediate tri-lingual assistance. Counseling.

Institute for Child and Family Health
North Dade Clinic
15490 NW 7th Ave, Miami, FL 33169
Tel: 305-685-0381

Refferal Direct Line: 305-722-7159

Markenson Clinic
430 W 66th St, Hialeah, FL 33012
Tel: 305-558-2480

Sunset Clinic
9380 Sunset Drive
B-120/B-250/B-165/B-230
Miami, FL 33173
Tel: 305-274-3172

Refferal Direct Line: 305-722-5635

Services offered: Provides health, behavioral
health, educational, and prevention services to
children, adolescents, and families.

Institute for Individual and Family Counseling
University of Miami-IIFC
Max Orovitz Building
2173 NW 99th Ave
Miami, FL 33172
Tel: 305-592-7860

Services Offered: Neurotesting,
Individual/couples/family/group therapy.

Miami Counseling Resource Center
111 Majorca Ave Suite B
Coral Gables, FL
Tel: 305-448-8325

www.miamicounseling.com

Dade Family counseling (4 locations)
1140 W 49th Place, Suite 407, Hialeah, FL 33012
Tel: 305-827-3252

8372 SW 8th St, Miami, FL 33144
Tel: 305-267-0206

3926 NW 167th St, Miami Gardens, FL 33054
Tel: 305-621-6160

330 SW. 27th Ave. Suite 407, Miami, FL 33135
Tel: 305-549-8792

**Child & Family Health**

Florida Department of Children and Families
Substance Abuse Program Office
1317 Winewood Boulevard
Building 6, Room 334
Tallahassee, FL 32399-0700

Tallahassee Tel: 850-487-2920
Miami-Dade Tel: 305-377-5029

http://umiifc.com/

Institute for Individual and Family Counseling
University of Miami-IIFC
Max Orovitz Building
2173 NW 99th Ave
Miami, FL 33172
Tel: 305-592-7860

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New life Transitional Housing
Hours: M-F 9am-5pm
3620 NW 1st Ave